

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30am-12:30pm Wellness Office Open 8:30am UT NOVA; Lobby 9am Circuit Class; CSS 10:15am Strength Training; LHR 10:30am HEB 1:00pm HEB 2:00pm Resident Council General Meeting/ Nominations; LHR 4:00pm Happy Singers; Lobby	2 8:30am-12:30pm Wellness Office Open 8:30am Balance Class; LHR 9am Yoga ; LHR 2pm Lady Bird Wildflower Center; LHR 4pm Happy Hour; LSC 7pm Moulin Rouge, The Ballet; Lobby 7:30pm Spanish Class; CNF	3 8:30am-5pm Wellness Office Open 9am Circuit Class; CSS 10:15am Strength Training; LHR 1pm Chair Yoga; LHR 2pm Healthy Habits Challenge; LHR 4pm Communion Offering; Plaza Chapel 8:00pm Movie Night; QTV	4 10am Wal-Mart/ Barton Creek Mall; Lobby 10am Self-Defense for Seniors; LHR 8:00pm Movie Night; QTV
			5 10:30am Jewish Family Services Bagel Brunch Meet & Greet; Plaza 1st Floor 11am-2pm Sunday Brunch; MDR 3:00pm Sunday Devotional Service; Plaza Chapel 2:00pm Austin Lyric Opera; Lobby 5:30pm Super Bowl Party; LSC 7pm Documentary; QTV Super Bowl Sunday Menu Week 3	6 8:30am-12:30pm Wellness Office Open 9am Circuit Class; CSS 10:15am Strength Training; LHR 1pm Party Bridge; LHR TBA Out to the Movies; Lobby 7:30pm My Middle East; LHR	7 8:30am-12:30pm Wellness Office Open 8:30am Balance Class; LHR 9am Yoga; LHR 10:15am Tai Chi; LHR 1pm Duplicate Bridge; LHR 1:30pm Pet Committee; CNF 2pm Laughter Yoga; Plaza 1st Floor	8 8:30am-12:30pm Wellness Office Open 8:30am UT NOVA; Lobby 9am Circuit Class; CSS 10:15am Strength Training; LHR 11:15am 100 Years of the Austin Symphony; LHR 10:30am HEB 1:00pm HEB 1:30pm Food and Bev. Com.; CNF 4pm Social Committee; CDR 4pm Champions Academy Gymnastics; LHR
12 11am-2pm Sunday Brunch; MDR 3:00pm UCC Christian Worship 4pm Valentine's Day Tea; Lobby 7pm Documentary; QTV Menu Week 4	13 8:30am-12:30pm Wellness Office Open 9am Circuit Class; CSS 10:15am Strength Training; LHR 11am I♥Classical Guitar; ART 1pm Party Bridge; LHR	14 8:30am-12:30pm Wellness Office Open 8:30am Balance Class; LHR 9am Yoga; LHR 10:15am Tai Chi; LHR 1pm Duplicate Bridge; LHR 2pm Needleworks; ART 2pm Laughter Yoga; Plaza 1st Floor 4:30pm Wellness Committee; Library 7:30pm Evening Concert; LHR Valentine's Day	15 8:30am-12:30pm Wellness Office Open 8:30am UT NOVA; Lobby 9am Circuit Class; CSS 10:15am Strength Training; LHR 10:30am HEB 11am-1pm La Tienda Open House 1pm HEB 2pm Birth of Motion Pictures; LHR 3:30pm Bible Study; Plaza Chapel 4:00pm Happy Singers; Lobby	16 8:30am-12:30pm Wellness Office Open 8:30am Balance Class; LHR 9am Yoga ; LHR 2pm Town Hall Meeting; LHR 4pm Birthday Party LSC 7:30pm Spanish Class; CNF	17 8:30am-5pm Wellness Office Open 9am Circuit Class; CSS 10:15am Strength Training; LHR 1pm Chair Yoga; LHR 2pm Questioning the War on Drugs; LHR 4pm Communion Offering; Plaza Chapel 8:00pm Movie Night; QTV	
19 11am-2pm Sunday Brunch; MDR 2pm Ballet Austin; Lobby 3:00pm Sunday Devotional Service; Plaza Chapel 4:00pm Austin Playhouse; Lobby 7pm Documentary; QTV Menu Week 1	20 8:30am-12:30pm Wellness Office Open 9am Circuit Class; CSS 9am Alterations; ART 10:15am Strength Training; LHR 1pm Party Bridge; LHR 2pm Plant Operations and Landscaping Com.; CNF 3:30pm Welcoming Com; CDR 5:30pm Themed Dinner Buffet; MDR President's Day	21 8:30am-12:30pm Wellness Office Open 8:30am Balance Class; LHR 9am Yoga; LHR 10:15am Tai Chi; LHR 1pm Duplicate Bridge; LHR 2pm Laughter Yoga; Plaza 1st Floor 3pm UT Speech & Hearing; ART 4pm Library Committee; Library 5pm Alzheimer's Support Group; Plaza 7:30pm Evening Performance; LHR	22 8:30am-12:30pm Wellness Office Open 8:30am UT NOVA; Lobby 9am Circuit Class; CSS 10:15am Strength Training; LHR 10:30am HEB 1:00pm HEB 2:30pm Parkinson's Support Group; Plaza, 2nd Floor 4:00pm Happy Singers; Lobby Ash Wednesday	23 8:30am-12:30pm Wellness Office Open 8:30am Balance Class; LHR 9am Yoga; LHR 10am Brain Fitness; LSC 10:30-3pm Resident Council Voting; LHR 11:45am Healthy Living Lunch; FDR 4pm Happy Hour; LSC 7:30pm Spanish Class; CNF	24 8:30am-5pm Wellness Office Open 9am Circuit Class; CSS 10:15am Strength Training; LHR 1pm Chair Yoga; LHR 2pm Bing for Your Brain; LSC 4pm Communion Offering; Plaza Chapel 8:00pm Movie Night; QTV	
26 11am-2pm Sunday Brunch; MDR 3:00pm Sunday Devotional Service; Plaza Chapel 6pm Max Raabe Concert; Lobby 7pm Documentary; QTV Menu Week 2	27 8:30am-12:30pm Wellness Office Open 9am Circuit Class; CSS 10:15am Strength Training; LHR 11am I♥Classical Guitar; ART 11am Around the World Lunch Bunch; Lobby 1pm Party Bridge; LHR	28 8:30am-12:30pm Wellness Office Open 8:30am Balance Class; LHR 9am Yoga; LHR 10:15am Tai Chi; LHR 1pm Duplicate Bridge; LHR 2pm Needleworks; ART 2pm Laughter Yoga; Plaza 1st Floor 11am La Tienda Committee; CNF 7:30pm Evening Concert; LHR	29 8:30am-12:30pm Wellness Office Open 9am Circuit Class; CSS 10:15am Strength Training; LHR 10:30am HEB 1:00pm HEB 2pm Travel with Cindy Peck; LHR 4:00pm Happy Singers; Lobby	Abbreviations: ART: Art Studio CSS: Cool Springs Spa CDR: Card Room CNF: Conference Room FDR: Formal Dining Room LHR: Longhorn Room LSC: Limestone Café/Bistro MDR: Mesquite Dining Room PDR: Private Dining Room WO: Wellness Office		
				Dining Hours: Limestone Café Breakfast: 7-9 a.m. Lunch: 11:30 a.m. - 1 p.m. Dinner: 5:30 - 7:00 pm Closed Sundays		Dining Hours: Mesquite Dining Room Lunch: 11:30 a.m. - 1 p.m. Dinner: 5:30 - 7:00 p.m. Sunday Brunch: 11 a.m. - 2 p.m.