

**Sunday Worship**  
**3:15 p.m.**  
**1st Floor**  
**Dining Room**

Gather with friends to sing praise  
 and fellowship.  
 See you there.

♪ **September Entertainment!** ♪

The Houston Lyrics Women's Choir performs  
 On Friday, September 3rd  
 2:00 p.m.- 2nd Floor HC  
 2:45 p.m.- 3rd Floor HC



One of your favorites, Cindy St. Cyr joins us on  
 Friday, September 10 at 3:30 p.m.  
 Singing songs of the 40's  
 Cindy will help us celebrate September birthdays



A One Woman show is Gloria's Guitar  
 Saturday, September 18 at 1:30 p.m. 2 HC



Back by popular demand is Rodney Rasberry on keyboard  
 Join us for Happy Hour and a toe tapping good time  
 Friday, September 24 at 3:30 p.m. AL LR.

**The Plaza at The Buckingham**  
**8550 Woodway**  
**Houston, TX 77063**

# THE PLAZA

HEALTH SERVICES AT THE BUCKINGHAM

**Plaza Gazette**

**Assisted Living**

**September 2010**

Dear Residents and Families,

Fall is just around the corner and I know I am looking forward to the cooler weather! I hope everyone has had a nice summer in spite of the heat we have endured this year.



During the month of September we will begin administering flu vaccines. We have ordered, and are waiting for the arrival of vaccinations for the entire Plaza community. We highly recommend you be vaccinated against the flu. We also encourage all of our staff to be vaccinated as well. Please see Liz George, LVN, Assisted Living Manager for more details regarding your flu vaccinations.

On another health-related note: If you feel you need emergency assistance, please use your pendant to call for the staff. If an ambulance needs to be called to assist you, the staff will initiate the call for you, which enables us to notify 911 services of the proper address and apartment number. If you place a call to 911 and do not notify the staff, we are unable to direct the emergency personnel to your apartment in an expedient and efficient manner.

Please check your Lifestyles calendars for all the great events planned for the month of September.

As always, my door is always open and I am available to you at all times. Please let me know if I can assist you in any way!!

Barbara L. Martin, LNFA  
 Health Care Administrator  
 Direct: 713-979-3780  
 Cell: 713-854-9421  
 Home: 281-933-4443

- Executive Director**  
Julie Fenske 713.979.3838
- Healthcare Administrator**  
Barbara Martin 713.979.3780
- Assisted Living Manager**  
Liz George
- Director of Nursing**  
Suzanne Mitchell-McNeil
- Lifestyles Coordinator**  
Deborah Mahrt
- Housekeeping Supervisor**  
Kerry Quarles
- Dining Services Director**  
Tony Bejko  
Julie Garza
- Social Services**  
La Vera Davis - Interim
- Admissions**  
Lily Mata



**Faithful Paws**  
 Our good friends from Faithful Paws visits with  
 their pets on Saturday, September 11.

**We Celebrate**  
**September**  
**Birthdays!**



- Norma Price 03**
- Marjorie Spring 03**
- Roy Dye 9**
- Marjorie Pace 11**
- Elizabeth Magner 26**



**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**


**THURSDAY**

**FRIDAY**

**SATURDAY**

# September 2010

## ASSISTED LIVING

			<p><b>1</b>                  9:30 Exercise 2TV                  10:30 Bible Devotional 2 AL TV                  11:00 Dominoes 1AR                  1:00 Yesteryear 2TV                  3:00 Ice Cream Social LR                  6:30 Arts &amp; Crafts 1AR</p>	<p><b>2</b>                  8:30 Wake up &amp; Walk LR                  9:30 Exercise 2TV                  9:30 Grocery Shopping L                  11:00 News &amp; Views 1AR                  1:00 Art Class w/ Pablo 1AR                  3:15 Pokeno                  6:30 Wheel of Fortune 2TV</p>	<p><b>3</b>                  9:30 Exercise 2TV                  10:00 Baking Bread 1AR                  10:30 Dominoes 1AR                  1:30 Book Club 2TV                  2:00 Bridge 1 AR &amp; 3TV                  2:00 Lyrics Sing ♪ 2HC                  3:00 Wii Sports 2TV                  7:30 Movie Night 1AR</p>	<p><b>4</b>                  9:30 Exercise 3HC                  10:15 Coffee Chat 1AR                  11:00 Bingo 1AR                  2:00 Movie &amp; Popcorn 2TV                  4:00 Table Games 1AR                  6:30 Wheel of Fortune 2TV</p>
<p><b>5</b>                  9:30 Exercise 3HC                  10:30 News &amp; Views 1AR                  1:30 Dominoes 1AR                  3:15 Worship DR                  6:00 Sixty Minutes 2TV</p>	<p><b>6 Labor Day</b>                  9:30 Exercise 2TV                  10:00 Lifestyles Mtg. 2TV                  11:00 Dominoes 1AR                  1:30 Stitcher's Gather 1AR                  3:00 BINGO 1AR                  7:30 Richard Dowling WDR                  Piano Concert</p>	<p><b>7</b>                  8:30 Wake up &amp; Walk LR                  9:30 Exercise 2TV                  10:30 Food &amp; Beverage 2TV                  2:00 Bridge 1AR &amp; 3TV                  2:30 Sing Along 2TV                  3:30 Catholic Communion 2TV                  4:00 Tuesday Trivia 1AR                  6:30 Classic Movie 2T</p>	<p><b>8</b>                  9:30 Exercise 2TV                  10:30 Bible Devotional 2 AL TV                  11:00 Crossword 1AR                  2:00 Therapy Clinic T                  3:00 Buckie's Store 1AR                  6:30 Arts &amp; Crafts 1AR</p>	<p><b>9</b>                  8:30 Wake up &amp; Walk LR                  9:30 Exercise 2TV                  9:30 Grocery Shopping L                  11:00 News &amp; Views 1AR                  1:00 Art Class w/ Pablo 1AR                  3:15 Pokeno 1AR                  6:30 Wheel of Fortune 2TV</p>	<p><b>10</b>                  9:30 Exercise 2TV                  10:30 Dominoes 1AR                  11:00 Lunch Bunch L                  1:30 Book Club 2TV                  2:00 Bridge- 1AR &amp; 3TV                  3:00 Wii Sports 2TV                  3:30 Cindy St. Cyr ♪ LR                  7:30 Movie Night 1AR</p>	<p><b>11</b>                  9:30 Exercise 3HC                  10:15 Bible Study /Manny 2TV                  11:00 Bingo 1AR                  2:00 Movie &amp; Popcorn 2TV                  3:00 Faithful Paws 1AR                  4:00 Table Games 1AR                  6:30 Wheel of Fortune 2TV</p>
<p><b>12 Grandparents Day</b>                  9:30 Exercise 3HC                  10:30 News &amp; Views 1AR                  1:30 Dominoes 1AR                  3:15 Worship DR                  6:00 Sixty Minutes 2TV</p>	<p><b>13</b>                  9:30 Exercise 2TV                  10:00 HPD Cavalry Lobby                  10:30 Dominoes 1AR                  1:30 Line Dance 2TV                  3:00 BINGO 1AR                  6:30 Wheel of Fortune 2TV                  6:30 Games 1AR</p>	<p><b>14</b>                  8:30 Wake up &amp; Walk LR                  9:30 Exercise 2TV                  10:00 Beltone 2CA                  10:30 News &amp; Views 1AR                  2:00 Bridge 1AR &amp; 3TV                  3:30 Catholic Communion 2TV                  4:00 Tuesday Trivia 1AR                  6:30 Classic Movie 2TV</p>	<p><b>15</b>                  9:30 Exercise 2TV                  10:30 Bible Devotional 2 AL TV                  11:00 Dominoes 1AR                  1:00 Travelogue 2TV                  3:00 Resident Social 2TV                  3:30 Resident Council 2TV                  6:30 Arts &amp; Crafts 1AR</p>	<p><b>16</b>                  8:30 Wake up &amp; Walk LR                  9:30 Exercise 2TV                  9:30 Grocery Shopping L                  11:00 News &amp; Views 1AR                  1:00 Art Class w/ Pablo 1AR                  3:15 Pokeno                  6:30 Wheel of Fortune 2TV</p>	<p><b>17</b>                  9:30 Exercise 2TV                  10:00 Parkinson Support Mtg. &amp; Luncheon                  10:30 Dominoes 1AR                  1:30 Book Club 2TV                  2:00 Bridge 1AR &amp; 3TV                  3:00 Wii Sports 2TV                  7:30 Movie Night 1AR</p>	<p><b>18</b>                  9:30 Exercise 3HC                  10:15 Coffee Chat 1AR                  11:00 Bingo 1AR                  1:30 Gloria's Guitar 2HC                  2:00 Movie &amp; Popcorn 2TV                  4:00 Table Games 1AR                  6:30 Wheel of Fortune 2TV</p>
<p><b>19</b>                  9:30 Exercise 3HC                  10:30 News &amp; Views 1AR                  1:30 Dominoes 1AR                  3:15 Worship DR                  6:00 Sixty Minutes 2TV</p>	<p><b>20</b>                  9:30 Exercise 2TV                  10:00 Admin Listen Group 2TV                  10:30 Finish the Phrase 2TV                  11:00 Poetry LR                  1:30 Wii Game 2TV                  3:00 BINGO 1AR                  6:30 Wheel of Fortune 2TV</p>	<p><b>21</b>                  8:30 Wake up &amp; Walk LR                  9:30 Exercise 2TV                  10:30 News &amp; Views 1AR                  2:00 Bridge 1AR &amp; 3TV                  2:30 Sing Along LR                  3:30 Catholic Communion 2TV                  4:00 Tuesday Trivia 1AR                  6:30 Evening Games 1AR</p>	<p><b>22 Last Day of Summer</b>                  9:30 Exercise 2TV                  10:30 Bible Devotional 2 AL TV                  11:00 Crossword 1AR                  1:00 Travelogue 2TV                  2:00 Summer Fun Jingo 1AR                  3:30 Men's Hour 2TV                  6:30 Arts &amp; Crafts 1AR</p>	<p><b>23</b>                  8:30 Wake up &amp; Walk LR                  9:30 Exercise 2TV                  9:30 Grocery Shopping L                  11:00 News &amp; Views 1AR                  1:00 Art Class w/ Pablo 1AR                  3:15 Pokeno 1AR                  6:30 Wheel of Fortune 2TV</p>	<p><b>24</b>                  9:30 Exercise 2TV                  10:30 Dominoes 1AR                  1:30 Book Club 2TV                  2:00 Bridge 1 AR &amp; 3TV                  3:00 Wii Sports 2TV                  3:30 Rodney Raspberry ♪ LR                  Birthday Bash                  7:30 Movie Night 1AR</p>	<p><b>25</b>                  9:30 Exercise 3HC                  10:15 Bible Study /Manny 2TV                  11:00 Bingo 1AR                  2:00 Movie &amp; Popcorn 2TV                  4:00 Table Games 1AR                  6:30 Wheel of Fortune 2TV</p>
<p><b>26</b>                  9:30 Exercise 3HC                  10:30 News &amp; Views 1AR                  1:00 Country Playhouse                  1:30 Dominoes 1AR                  3:15 Worship DR</p>	<p><b>27</b>                  9:30 Exercise 2TV                  10:00 Target L                  10:15 Jumbo Crossword 1AR                  10:45 Dominoes 1AR                  1:30 Kings Corner 3TV                  3:00 BINGO 1AR</p>	<p><b>28</b>                  8:30 Wake up &amp; Walk LR                  9:30 Exercise 2TV                  10:30 News &amp; Views 1AR                  2:00 Bridge 1AR &amp; 3TV                  2:30 Sing Along LR                  3:30 Catholic Communion 2TV                  4:00 Tuesday Trivia 1AR</p>	<p><b>29</b>                  9:30 Exercise 2TV                  10:30 Bible Devotional 2 AL TV                  11:00 Dominoes 1AR                  1:00 Travelogue 2TV                  3:00 Ladies Tea 1 LR</p>	<p><b>30</b>                  8:30 Wake up &amp; Walk LR                  9:30 Exercise 2TV                  9:30 Grocery Shopping L                  11:00 News &amp; Views 1AR                  1:00 Art Class w/ Pablo 1AR                  3:15 Pokeno</p>	<p><b>BRIDGE</b>                  Tuesday &amp; Friday                  2:00 p.m.- 3 TV</p>	<p><b>THE PLAZA</b>                  HEALTH SERVICES AT THE BUCKINGHAM                  8550 Woodway                  Houston, Texas 77063                  713- 979-3777  </p>

