

## Movies...Movies...Movies

Every Friday at 7:30pm , Saturday 2:00 & 7:30 p.m. - Stratford Theatre

### Friday, August 6 **Gi Gi** **G**

Leslie Caron stars as Gigi, an avant-garde French waif being groomed as the *fille de joie* of affluent and handsome Gaston (Louis Jourdan). Soon Gigi metamorphoses into a stunning beauty, and the head-over-heels Gaston asks for her hand. But Gigi's courtesan grandmother is aghast: No one in the family has ever considered something as plebeian as matrimony! This 1958 gem won Oscars for Best Picture and Best Director (Vincente Minnelli).

### Saturday, August 7 **The Pelican Brief**

When law student Darby Shaw (Julia Roberts) writes a brief on her theory about the motive behind the assassinations of two Supreme Court justices, she finds bullets flying in her direction and turns to investigative reporter Gray Grantham (Denzel Washington) for help. Director Alan J. Pakula returns to the world of inside-the-Beltway conspiracies with this legal thriller based on a John Grisham novel.

### Friday, August 13 **CoCo Chanel** **PG-13**

Audrey Tautou stars as legendary French designer Gabrielle "Coco" Chanel in this lively biopic that explores the fashion icon's storied ascension from orphan to seamstress and cabaret singer and ultimately, the queen of Parisian haute couture. Alessandro Nivola plays Arthur "Boy" Capel, Chanel's lover and influential business investor who makes a lifelong impact on the young woman. Anne Fontaine directs this Oscar nominee for Best Costume Design.

### Saturday, August 14 **Gran Torino** **R**

Curmudgeonly Korean War veteran Walt Kowalski (Clint Eastwood, who also directs) must confront his Hmong immigrant neighbors -- and his own long-held prejudices -- when the family's teenage son, Thao (Bee Vang), tries to steal Walt's beloved 1972 Gran Torino. Walt soon assumes the unlikely role of guardian angel to young Thao and his sister Sue (Ahney Her), both of whom are vulnerable to local gang influences.

### Friday, August 20 **Bucket List** **PG 13**

When corporate mogul Edward Cole (Jack Nicholson) and mechanic Carter Chambers (Morgan Freeman) wind up in the same hospital room, the two terminally ill men bust out of the cancer ward with a plan to experience life to the fullest before they kick the bucket. In a race against the reaper, the new friends hit the tables in Monte Carlo, down obscene amounts of caviar and tear up the road in supercharged cars. Rob Reiner directs.

### Saturday, August 21 **The Way We Were** **PG**

Sociopolitical opposites attract in director Sydney Pollack's wistful, Oscar-winning tearjerker about an outspoken political crusader named Katie Morosky (Barbra Streisand) who finds herself drawn to glib golden boy Hubbell Gardner (Robert Redford). Despite their differences, the improbable couple eventually ties the knot, but a move to Tinseltown and the firestorm surrounding the 1950s blacklist unravel the marriage.

### Friday, August 27 **Step Mom** **PG-13**

As Anna and Ben struggle just to cope with their parents' divorce, a new woman enters their father's (Ed Harris) life. Isabel (Julia Roberts), a successful photographer, doesn't plan to give up her career to raise another woman's kids. Jackie (Susan Sarandon) is the dedicated mother who deems Isabel unfit to raise her children. But the chasm between them becomes meaningless when Jackie's diagnosed with cancer and they all have to pull together.

### Saturday, August 28 **27 Dresses** **PG 13**

Tired of being a perpetual bridesmaid after helping 27 friends tie the knot, altruistic Jane (Katherine Heigl) finds herself facing her worst nightmare as her younger sister (Malin Akerman) announces her engagement to the man Jane secretly adores. But when Jane meets the charming Kevin (James Marsden), will she beat her sibling to the altar? Edward Burns and Judy Greer also star in this breezy romantic comedy from director Anne Fletcher.

### Sunday Movies

Join us in the Theatre at **5 p.m.**

### **What About Bob** **R** **8/8**

Determined to receive treatment, Bob Wiley (Bill Murray), a neurotic New Yorker struggling with a host of paralyzing phobias, follows his psychiatrist on vacation in this quirky family comedy. Pompous shrink Dr. Leo Marvin (Richard Dreyfuss) tries to get rid of the unwanted patient, but Bob ingratiates himself with Marvin's family. Soon Marvin's wife and children, charmed by Bob's childlike enthusiasm, start to think Bob is more fun than Marvin.

### **Up in the Air** **R** **8/15**

Ryan Bingham (George Clooney) racks up miles flying around the country firing employees on behalf of companies. But he faces losing the job he savors to recent college grad Natalie Keener (Anna Kendrick) -- and losing the ability to escape emotional ties to anything. A connection he builds with Alex Goran (Vera Farmiga), however, might change his outlook on the future. Golden Globe winner Jason Reitman's smart comedy also stars Jason Bateman.

### **American in Paris** **8/22**

Once a struggling painter, opportunistic American artist Jerry Mulligan (Gene Kelly) now lives in the City of Light, enjoying the patronage of a well-heeled, amorous American gallery owner (Nina Foch) -- and swiftly falling for a willowy French street urchin (Leslie Caron). Trouble is, the object of Mulligan's affection also happens to be engaged to a famous French singer (Georges Guétary). This tour de force movie musical nabbed seven Oscars.

### **Sound of Music** **8/29**

In Rodgers and Hammerstein's greatest collaboration, a feisty postulant named Maria (Julie Andrews) is sent to care for the unruly, motherless Von Trapp children. She soon tames them -- and finds herself falling for their stern father (Christopher Plummer). Oscar-winning director Robert Wise used stunning Austrian locations to transform the popular stage musical into a cinema classic in which the hills truly seemed to come alive.

### FRESH POPCORN



# The Buckingham CROWNE NEWS

8580 Woodway, Houston, Texas 77063 August 1, 2010

Volume 2 Issue 8



Artwork by Inge Liesner



### Staff Directory

<u>Administration</u>		<u>Phone Number</u>
Executive Director	Julie Fenske	713.979.3838
Associate Director		713.979.3789
Business Office Manager	Sharon Mistretta	713.979.3080
Billing Specialist	Sheryl Bagwell	713.979.3790
Administrative Asst.	Monica Romero	713.979.3100
<hr/>		
Concierge/Transportation	Nancy Mistretta	713.979.3090
<hr/>		
<u>Lifestyles</u>		
Lifestyles Director	Deborah Mahrt	713.979.3097
Lifestyles Coordinator	Gloria Marks	713.979.3066
<hr/>		
<u>Food and Beverage</u>		
Dining Room		713.979.3095
Director of Dining Services	Tony Bejko	713.979.3792
Dining Room Manager	Steve Perry	713.979.3069
Executive Chef	Wayne Webb	713.979.3767
<hr/>		
<u>Housekeeping</u>		
Director of Resident Services	Pam Ortiz	713.979.3091
Resident Services Coordinator	Juana Mata	713.979.3068
Supervisor of Housekeeping	Kerry Quarles	713.979.3076
<hr/>		
<u>Building Operations/Security</u>		
Director of Bldg. Operations	John Thomas	713.979.3787
Director of Security	Fidel Vasquez	713.979.3078
After Hours Security		713.245.6349
Guard House		713.979.3055
<hr/>		
<u>Marketing</u>		
Director of Marketing	Cathy Lightfoot	713.660.6552

### A Message From Our Executive Director



From the desk of Julie:

The Board of Directors is coming for their annual town hall meeting with the residents on August 11<sup>th</sup> at 3:00pm in the Windsor. They will be here to give an update on the community and Senior Quality Lifestyle Corporation. Should you like to ask the board a question, please submit it in advance to Monica Romero by August 8<sup>th</sup>. A question and answer recap will be provided like in past years.

We have officially started our services with Dallas Pool Company. They have been out to fully assess our needs and to discuss the best way to proceed regarding ongoing service, up-keep and maintenance of the pool. In order to keep the pool from becoming over chlorinated and to save on undue expense, we have made a decision to turn the pool heaters off from approximately June 1st to September 1st. No one, other than the staff should be touching the heaters or the breakers to this equipment for their safety and for proper regulation of this equipment. Due to our warm climate, the outdoor temperature should be sufficient to keep the pool at a comfortable 84 degrees and ensure we do not violate the city of Houston code regarding pool temperatures. We will be happy to adjust the temperature should the weather fluctuate or for weekly water therapy. The pool company will be out to service the pool on Mondays and Thursdays going forward and any questions regarding their service should be directed to John Thomas or me. We need everyone's assistance to make this transition a success and I thank you in advance for your help.

We also need your help with another item around the property. We are once again finding doors held open with rocks. As you know this is a security issue and we do our best to keep the building safe from outside intruders of all types, including animals! Lately, we have had a few non-venomous snakes caught in and around the building. Pest control has applied the appropriate repellants and maintenance is working on the thresholds. We need everyone's help on the last step in not holding the doors open. If you see this, please help us by removing the rocks and closing the doors immediately.

We have a number of other projects going on as well including finalizing bids for cleaning of all dryer vents in the apartments, actively shopping for a new vehicle, and budgeting for 2011. We hope to have the dry vent project started in August.

I hope you are all enjoying your summer and that you will join us on the 11<sup>th</sup> as well as on the 12<sup>th</sup> at Administration's Listen Group. Stay Cool!

Best Regards,  
Julie



### Stroke Awareness Program: St. Luke's Neuro Science Center Friday, August 6, 10:30 a.m., Stratford Theatre

Be informed on prevention, recognition and recovery of stroke.

### Town Hall Meeting Wednesday, August 11, 3:00 p.m., Windsor Dining Room

SQLC representative to present and take questions, come and be informed.

### Neighborhood Chat Sunday, August 15, 4:00 p.m., Mezzanine

Join your neighbors for a time of fellowship at this monthly gathering hosted by Martha Wetzel and Tom Baker.

### A Message from Barbara Martin - HCA, Plaza Thursday, August 19, 7:30 p.m., Stratford Theatre

Many of you had an opportunity to hear Barbara speak at Listen Group in July and you've asked that she come back. Please join us and remember we have limited seating.

### TRANSPORTATION

Please note that boarding for all outings is available 15 minutes prior to scheduled departure time. We ask that you be considerate of the time so others do not wait. We will leave promptly at the scheduled posted time.

### Team Member Spotlight

**Benita Flores - Culinary Team, Dining Services**



Benita Flores

Prior to coming to The Buckingham, Benita worked for 14 years in the Alief School system in the cafeteria. She found out about the Buckingham through a friend who also worked here and is now approaching her 5 year anniversary this month. Benita never stops, in her spare time she has a second job cleaning offices.

Benita was born in Cuernavaca, Mexico and came to the United States in 1979. All of her family is still in Mexico and she tries to go every year to visit her parents and siblings. Benita has two grown children a boy and girl who live in Houston. She has 3 grandchildren, one grandson, 14 years old, and two granddaughters, 10 months and 2 years old.

In her free time she loves to spend time with her grandchildren and watching TV. She loves movies and enjoying time relaxing at home. When asked what she likes most about the Buckingham she says "everything". The nice thing is that unlike at the school no one throws food.

Benita, The Buckingham appreciates all that you do for our residents.

### August Birthdays

- 05 Bob Harris
- 07 Walter Heffler
- 09 Hooper Haygood
- 11 Joyce Russell
- 12 Anita McCollum
- 12 Margot Weingeist
- 14 June Rosenmeier
- 14 Pat Cook
- 15 Alta Edman
- 17 Kay Guenther
- 17 Dot Edmund
- 18 Ellie Templeton
- 20 Herbert Carson
- 23 Norma Manning
- 24 Nina Hill
- 24 Dorothy Menutis
- 24 Bev Thomas
- 25 Paul Springer
- 26 Norman Kittrell
- 26 Tony Peterson
- 26 Betsy Knight
- 28 John Mawhinney
- 31 Pat Schuelke



### Birthday Celebration

Tuesday, August 9th  
3:30 pm - Mezzanine

Time to celebrate another year well done as we toast August Birthdays with cake and champagne. Betty Ruth Tomfohrde will be at the piano playing some of your favorite tunes. The party starts with YOU!

**SUMMER IS HERE**  
Remember to  
drink water

**REMEMBER TO WEAR  
YOUR PENDENT!**

**MFAH/Lunch****Wednesday, August 4th****10:00 a.m. Departure - \$3.50 Plus Lunch**  
**The Masterworks of Charles M. Russell:**  
**A Retrospective of Paintings and Sculpture**

A painter, sculptor and humorist of the American West, Charles M. "Charlie" Russell (1864-1926) is familiar to millions around the world. Virtually self-taught, Russell began to paint early in his career as a cowboy. Later on, as a full-time artist he provided inspiration to Hollywood's first filmmakers. With first-hand knowledge of cowboys and outlaws, and Western wildlife and wilderness, Russell presents a view of bygone American culture, rich in detail and personal passion.

**Brookwood Volunteers****Monday, August 9th****9:00 a.m. Departure** - Lobby

Lunch at the Brookwood Café

Remember to sign up at the bulletin board

**Alley Theatre**  
**Presents****The Mousetrap****Sunday, August 8th****Departure - 1:30 p.m.****Tickets: \$34.00**

The Mousetrap follows a group of strangers - one of whom is a murderer - trapped in a boarding house during a snow storm. Enjoy every suspenseful moment!

**Shopping Sprees****10:00 a.m.****Stein Mart - Monday, 2nd****Wall Mart - Monday, 23rd****A.D. Players - Leaving Iowa - Thursday, August 12th****Dinner Before Play - Bus Departs at 5:00 p.m.**

A story for everyone who has ever revisited memories of youth, *Leaving Iowa* follows Don, a middle-aged man who returns home to Iowa in search of a final resting place for his father's ashes. As he travels across the state searching for the perfect place to scatter the ashes, memories of childhood road trips with his father resurface, and he is finally able to come to peace with his past and present.

**County Bus Day Trip to Bellville****Tuesday, August 31st - Depart 9:00 a.m.**

Save this date! We will head to Bellville to tour a real castle built by owner, Mike Newman. He is the also the owner and operator of Newman's Bakery and will be our entertaining host. The castle is complete with a mote and drawbridge. Part of the tour includes lunch in the castle dining room. After lunch we will return to downtown Bellville and will be joined by John Sauer who will give us a tour of the historical buildings and architecture of this authentic and quaint little town.

Place your **reservation and payment** with Gloria for this trip. Cost: \$20 Includes Lunch and Tours.



George McGrath moved into his Apartment # 1407 on November 10, 2006. He has very kindly agreed to be interviewed by the Crowne News.

Crowne: I know you are not a native Texan, so where were you born and did you grow up there?

George: I was born in Mid Town New York City and grew up there and went to Stuyvesant high school on 15<sup>th</sup> street.

Crowne: Do you have any brothers and sisters?

George: Yes, a sister who was 3 years younger and twin brothers who were 5 years younger than I.

Crowne: When you graduated from high school what did you do?

George: That was 1934 in the midst of the depression and I looked for a job. I went to work for the Ford Motor Company in their plant at Edgewater, New Jersey on the assembly line. I stayed there for 2 years, then got a job with the IRS in Washington D.C. and was there for 4 years.

Crowne: How did you become involved in the Fire Department?

George: While I was working with the IRS I had applied to work for the New York Fire Department and took the Civil Service examination for the Fire Department, which I passed and was accepted. I left the IRS and joined the New York Fire Department.

Crowne: What did that entail?

George: I went to their training school for 3 months, then I was posted to a Fire House where I was on probation for 6 months being trained on the job.

Crowne: So you were part of a fire fighting crew right away and had a specific job to do?

George: Yes. A Fire House has 2 Captains, 4 Lieutenants and 25 men. There are 2 companies each with their own Captain and 2 Lieutenants. One the Engine company and the other the Ladder company. The former gets the water, pumps the water, lays out the hoses and fights the fire. The latter group enters the building by any means to look for and rescue survivors and ventilate the building of smoke. This can involve breaking open walls, windows and doors. Directing the whole operation at a fire is a Fire Chief who can be responsible for controlling the fire fighting of up to 10 Fire Houses. He controls the fire from his control vehicle, that small red SUV looking vehicle you see amongst the large fire engines.

Crowne: Which group were you in at first?

George: I started in the Engine company, stretching out the hoses.

Crowne: Did you work in shifts?

George: We had three 8 hour shifts.

Crowne: What did you do during you time off?

George: I went to school to study for the Civil Service exam for promotion to Lieutenant. I had almost finished my studies when I was called up for military service. I chose the Navy, because my father had served in the Navy during World War One, and after boot camp was sent to join the battle ship Texas.

Crowne: What was your job on the ship and where did you go?

George: I was a Marine Engineer in the engine room. I joined it at the Brooklyn Navy Yard in 1944, where it had been refitted after service in Europe having taken part in the invasion of Normandy. It had suffered damage from a hit from a German shore battery. The barrels of it's 14 inch guns had to be replaced due to wear. We went first to Casco Bay, Main to test and calibrate the guns, but on the way one of the two screw shafts stopped working, due to an overheated bearing so that engine was stopped while that was fixed, but we kept going on the other engine and screw.

Crowne: Where did you go after you left Casco Bay?

George: We went through the Panama canal, across the Pacific to Hawaii, where we stayed for 1 week. Then we sailed to Iwo Jima and joined the battle there and then went to Okinawa to support that invasion.

Crowne: Were you ever hit by enemy fire?

George: No, by that time most of the Japanese navy had been destroyed, but we were nearly hit by a kamikaze plane, but our gunners managed to shoot it down and it crashed about 100 feet away.

Crowne: When you were discharged from the Navy after the war you went back to the New York Fire Department?

George: Yes, I picked up where I had left off and was appointed to a Fire House. I completed my studies, passed my exams and was promoted to Lieutenant. I was then appointed to a different Fire House.

Crowne: In your 35 years service in the New York Fire Department, before you retired as a Fire Chief, I guess you must have worked in many different Fire Houses all over the city.

George: Yes, I worked in all 5 boroughs.

Crowne: Most of the buildings in New York City are very high, especially the skyscrapers in Manhattan. How do you tackle a fire in them?

George: Well a fire usually starts on one floor and goes upwards from there, so you go up to the floor immediately below the fire by elevator, if possible, and walk up the stairs from there with all your equipment. Each fireman is carrying 80 pounds of weight, comprised of his protective clothing and hoses etc. All buildings have a water main, (stand pipe), built into them going to the top of the building, with hose connections on each floor. 95% of the tall buildings have a water tank on the roof capable of supplying water for a few hours. This also supplies the water sprinkler system, if the building is fitted with them. As water cannot be pumped up from the street level to more than 20 floors high, buildings have built in auxiliary pumps to their water systems on every 20 floors up the building to boost the water up to the tank on the roof. The Empire State Building has 100 floors, so it has to be boosted 4 time.

Continued page 9



## STROKE AWARENESS Friday, August 6th

10:30 a.m. - Stratford Theatre

Did you know that up to 80 percent of strokes are preventable, yet it is expected that nearly 795,000 people will have a stroke in 2010? It would take more than eleven XLIII Super Bowl stadiums to hold all of those people! There are many ways to stop stroke by taking personal steps to manage risk factors. Did you know that most strokes can be treated if symptoms are recognized F.A.S.T.? Using the F.A.S.T. method of symptom recognition and response can save lives.

### Prevention

Risk factor management is part of stroke prevention. Americans can **Stop Stroke** by understanding and managing common risk factors like high blood pressure, high cholesterol, atrial fibrillation (a type of heart disease), diabetes, excess weight, smoking, and excessive alcohol use.

### Symptom Recognition and Response

Stroke strikes fast, which means time is critical in stroke. It is vital to understand stroke symptoms in order to seek immediate medical treatment by calling 9-1-1. **Act F.A.S.T.** by using the F.A.S.T. method for quickly recognizing and responding to stroke symptoms – help improve opportunities for treatment at the same time. Every minute that brain cells are deprived of oxygen during stroke, the likelihood of brain damage increases. Treatment may be more effective if given early on.

### Recovery

Stroke recovery can last a lifetime. The Neuroscience Center at St. Luke's Episcopal Hospital is committed to reducing the incidence and impact of stroke through increasing awareness and educating Americans about stroke. Understanding risk factor management, symptom recognition and response and the realities of how stroke recovery *can* be are important for the health and well-being of everyone in your life. The Neuroscience Center 832-355-2187.

### Dr. Elliott: Stem Cell Presentation

Some of those attending the lecture on stem cells by Dr. Elliott on July 22nd asked for more information about the topic and where they might find it. In addition to the May 2010 *Scientific American* article on stem cells "Your Inner Healers" on page 47, one may search the internet in the Wikipedia file for "Stem Cells" and "Induced Pluripotent Stem Cells, iPSC." For the current active clinical trials files from NIH, search Google for "NIH Clinical Trials Stem Cells". Copies of these searches are available in the Wall Street Room on the credenza. Please do not remove these materials from the Wall Street Room.

## Resident Council Update

The By-Laws for our Resident Council under Purpose, states that one purpose is "to provide a forum through which constructive suggestions may be offered to the Administration".

Your Council met in early January to develop a list of "constructive suggestions" to be offered, and I'm pleased to report that many of them have resulted in action. To be fair, many of them might have been accomplished without our "suggestions", but I believe we have at the least helped prioritize.

One of our high priority items was to improve communications. I believe that we have benefited from receiving our monthly newsletter in a more timely fashion, seen better use of our in house TV channel, lobby TV, and bulletin boards.

Other suggestions were to keep the morning breakfasts in the St. James, but provide 4 chairs for each table and to eliminate buffet style serving in the Windsor except for Sunday Brunch. This has been done.

We suggested attention be given to the Wall Street Room, and improvements have been made in safety as well as with new computers and printer.

We suggested attention to outdoor safety through repairs to crumbling concrete on wheelchair ramps, repainting of curbs to clearly identify fire lanes, etc. and installation of reflectors in the roadway to help slow down traffic around our campus. All have been accomplished.

These are just a few of the items from our list of "constructive suggestions" which have been accomplished already. There are others to be completed in the months ahead as cash flow permits, and some which will have to wait. We are fortunate to have an Administration at the Buckingham which is open to our suggestions and in many cases is even able to improve upon them.

You can help us keep our suggestion list up to date by communicating your ideas to your Floor Representative or attending Council Meetings and participating at the end of the Meeting in "Resident Time". Next Meeting is Monday August 9 at 7:15 pm. Hope to see you!

Dick Humphrey



## NEW IMAGE SKINCARE JOINS THE BUCKINGHAM

The Buckingham is pleased to introduce Marsha Merian, licensed Esthetician and service provider of *New Image Skincare*. Marsha has 18 years experience in the field of Aesthetics specializing in microdermabrasion and glycolic peels for anti-aging, body synergy for the treatment of cellulite, facial synergy for skin and facial muscle toning and facial and complete body waxing. Expert brow shaping is a big specialty and she offers lash and brow tinting as well as a true European facial. A complimentary consultation is always available for the evaluation of the skin. New Image Skincare offers Jane Iredale Mineral Makeup. Please stop by on Tuesdays and Thursdays to visit with Marsha or call for an appointment, 713-979-3788 X 160 or 713-503-3703 you may also email Marsha at [newimage.skincare@yahoo.com](mailto:newimage.skincare@yahoo.com). New Image Skincare accepts cash or checks.

## Plaza Tours

Be sure to call Gloria & sign up for a Plaza Tour with Senior Living Counselor Pam Rakestraw on Friday, August 27th at 10:00 a.m. and stay informed. Pam will meet you in the Buckingham Lobby.

## Getting To Know You, Getting to know all about you. . . .

- Crowne: When do you use the long turntable ladders?  
George: Well they will only reach the 7<sup>th</sup> floor so they are used for the lower buildings. There are 2 types of these, the ones with the hoses on them, and ones with a platform at the top for rescue work from windows.
- Crowne: This was very dangerous work, did you ever get hurt?  
George: Only once, two of us were working in a building when the floor we were standing on collapsed and we fell through to the floor below. I hurt my back and was taken to hospital.
- Crowne: When and where did you meet your wife?  
George: I met Mary at a dance in Brooklyn, we were engaged 2 months later and married 7 months later. We lived in New Hyde Park, Long Island.
- Crowne: Do you have any children?  
George: I have 2 daughters, Mary Anne, who is here in Houston and Kathleen who lives in Virginia. I see Mary Anne about 3 times a week.
- Crowne: How about grandchildren?  
George: Yes, I have a granddaughter and a grandson, and my granddaughter has my great granddaughter.
- Crowne: Where were you living prior to coming to the Buckingham and how did you hear about the Buckingham?  
George: I was living in New Hyde Park on Long Island. My wife had died 4 years earlier. My remaining brother had had a stroke and was wheel chair bound and I was looking after him. My daughter Mary Anne here in Houston had heard of the Buckingham and inquired about it and passed the information on to me. I said that I wouldn't want to come if my brother couldn't come also. I found out that my brother could come down to the Plaza. So that is what we did.
- Crowne: What did you like to do when you were a young child?  
George: I liked to swim so we used to go down to the beach during the summers. We also played "sand lot" baseball which was played on any spare area, which usually had no grass on it.
- Crowne: What is your fondest adult memory?  
George: Meeting Mary and marrying her.
- Crowne: What do you think of life today?  
George: It is a lot easier in many ways with all the mechanical things we have like Cars, Dishwashers, Clothes Washing and Drying machines, Cell Phones and Computers, Televisions and all the yard tools etc. But then there is all the crime and drug problem, which is so much worse to offset the good things.
- Crowne: Would you like to be a 9 year old starting out on life now?  
George: Not a 9 year old but perhaps an 18 year old might be OK.
- Crowne: Does the Buckingham come up to your expectations as to what you hoped it would be like?  
George: Yes it does. It was good being able to visit my brother all the time in the Plaza while he was alive.
- Crowne: How do you like to spend your time?  
George: I like to have breakfast in the St James every morning and the exercise in the fitness center, I ride 4 ½ miles a day and I enjoy the movies we have here and all the various activities that are organized for us. I like to sleep and eat as well.
- Crowne: George very many thanks for giving us the privilege of getting to know you a little better. J.H.



**Monday, August 9**

Exercise Class - 9:00 & 10:00 a.m. - T  
Brookwood - 9:00 a.m.- Lobby Depart  
Duplicate Bridge - 12:15 p.n. - CR  
Computer Q & A - 1:00 - 2:00 p.m. WSR  
Crafters Gather - 2:00 - 3:00 p.m. - CA  
Resident Council - 7:15 p.m. - T

**Tuesday, August 10**

Exercise - 9:00 - 10:30 a.m. - FC  
Painting Class - 2:00 - 4:00 p.m. - CA  
Birthday Bash-3:30- 4:30 p.m.- Mezz.  
Catholic Mass - 3:30 p.m.- 2 AR Plaza  
Bridge - 7:30 p.m. - CR

**Wednesday, August 11**

Pool Exercise - 9:00 & 10:00 a.m. - Pool  
Bible Study - 10:30 - Plaza 2 FL. TV  
Therapy Clinic - T - Pain Remediation  
Brush Up Bridge - 2:00 -4:00 p.m. -CR  
Town Hall Meeting - 3:00 p.m. - WDR  
Classical Music - 4:00 - 5:00 p.m. #1315  
Bingo - 7:30 p.m. - T

**Thursday, August 12**

Exercise - 9:00 - 10:30 a.m. - FC  
Randall's/Kroger - 10:00 a.m. Leave  
Listen Group/Admin -2:00 p.m. -Theatre  
Men's Hour 3:00 - 4:00 p.m. - BR  
A.D. Players & Dinner-5:00 pm - Lobby  
Bridge - 7:30 p.m. - CR

**Friday, August 13**

Exercise Class - 9:00 a.m. - T  
Movie - 7:30 p.m.- T

**Saturday, August 14**

Mah Jongg - 10:00 a.m. - CR  
Tai Chi - 10:00 a.m. - 4CR  
Movie Matinee - 2:00 p.m. - T  
Movie - 7:30 p.m. - T

**Sunday, August 15**

Sunday Brunch- 11:00-2:00p.m. - WDR  
Worship Service - 3:15 p.m. - Plaza, 1Fl. DR  
Neighborhood Chat - 4:00 p.m. - Mezzanine  
Movie Matinee - 5:00 p.m.- Stratford

**Brookwood Volunteers**

Monday, August 9th  
9:00 a.m. departure - Lobby

**Therapy Clinic : Pain Remediation  
Wednesday, August 11, 2:00 p.m., Theatre**

**Pain Remediation:**  
What a pain! We've all experience some sort of pain in our lives. Pain can be a very limiting factor for many people. This health discussion will cover the history of pain, the prevalence of pain, results of pain and interventions. We will also cover how therapy can help reduce and or break the pain cycle so that you can live a full life free of limitations due to pain. This is a lecture that we think everyone will benefit from attending. See you there!

**Town Hall Meeting  
SQLC Board  
Wednesday, August 11th  
3:00 p.m. - WDR**

**A.D. Players & Dinner  
Thursday, 12th  
5:00 p.m.-Lobby**

**Neighborhood Chat  
Sunday, 4:00 p.m. - Mezzanine  
Hosts; Martha Wetzel & Tom Baker**



**Monday, August 16**

Exercise Class - 9:00 & 10:00 a.m. - T  
Duplicate Bridge - 12:15 p.m. - CR  
Computer Q & A - 1:00 - 2:00 p.m. WSR  
Crafters Gather-2:00 p.m.-CA

**Tuesday, August 17**

Exercise - 9:00 - 10:30 a.m. - FC  
Painting Class - 2:00 - 4:00 p.m. - CA  
Catholic Communion - 3:30 p.m. - Pl. 2 AR  
Bridge - 7:30 p.m. - CR

**Wednesday, August 18**

Pool Exercise - 9:00 & 10:00 a.m. - Pool  
Dog Races & Lunch - 10:15 a.m. - Lobby  
Bible Study - 10:30 - Plaza 2 AR  
Poets Corner - 2:00 - 3:00 p.m. - 4 CR  
Brush Up Bridge - 2:00 -4:00 p.m. -CR  
Ladies Tea - 3:00 p.m.- SJC  
Classical Music - 4:00 - 5:00 p.m. #1315  
Bingo - 7:30 p.m. - T

**Thursday, August 19**

Exercise - 9:00 - 10:30 a.m. - FC  
Randall's/Kroger - 10:00 a.m. Depart  
HCA Presentation-7:30 p.m.- T  
Bridge - 7:30 p.m. - CR

**Friday, August 20**

Exercise Class - 9:00 a.m. - T  
Parkinson's Meeting & Lunch-10:15 a.m.  
Kitchen Tour with Chef - 3:30 p.m. - WDR  
Movie - 7:30 p.m.- T

**Saturday, August 21**

Mah Jongg - 10:00 a.m. - CR  
Tai Chi - 10:00 a.m. - 4CR  
Movie Matinee - 2:00 p.m.- T  
Movie - 7:30 p.m.- T

**Sunday, August 22**

Sunday Worship Departures - 10:30 - Lobby  
Sunday Brunch- 11:00-2:00 p.m. - WDR  
Worship Service - 3:15 p.m. - Plaza, 1Fl. DR  
Movie Matinee - 5:00 p.m.- T

**Dog Races and Lunch**  
**Wednesday, August 18 - 10:15 a.m. Departure**  
**Senior Day: \$8:00 - Admission & Buffet Lunch**

Join us for a fun afternoon of world-class racing and lunch at Gulf Greyhound Park in LaMargue. You might even want to place a few bets on your favorite greyhounds!



**Grocery Shopping**  
**Thursday - 10:00 - 11:30 a.m.**  
**Randalls & Krogers**

**HCA-PLAZA: Barb Martin**  
**Thursday, 7:30 p.m.**  
**Stratford Theatre**

**Kitchen Tour with Chef Wayne**  
**Friday, August 20th**  
**3:30 p.m.**

**Parkinson's Meeting & Luncheon**  
**Friday, August 20th - 10:15 a.m.**



Monday, August 23

Exercise Class - 9:00 & 10:00 a.m. - T  
Wal Mart - 10:00 a.m. Leave  
Duplicate Bridge - 12:15 p.m. - CR  
Computer Q & A - 1:00 - 2:00 p.m. - WSR  
Crafters Gather - 2:00 - 3:00 p.m. - CA

Tuesday, August 24

LifeLine Screening - 8:00- 5:00p.m. -Theatre  
Exercise - 9:00 - 10:30 a.m. - FC  
Painting Class - 2:00 - 4:00 p.m. - CA  
Catholic Comm. - 3:30 p.m.- 2 AR Plaza  
Bridge - 7:30 p.m. - CR

Wednesday, August 25

Pool Exercise - 9:00 & 10:00 a.m. - T  
Bible Study - 10:30 - Plaza 2 FL. TV Rm.  
Brush Up Bridge - 2:00 -4:00 p.m. -CR  
Classical Music - 4:00 - 5:00 p.m. -#1315  
Bingo - 7:30 p.m. - T

Thursday, August 26

Exercise - 9:00 - 10:30 a.m. - FC  
Randall's/Kroger - 10:00 a.m. Leave  
Listen Group -2:00 p.m. -Theatre  
Maintenance & Security  
Bridge - 7:30 p.m. - CR

Friday, August 27

Exercise Class - 9:00 a.m. - T  
Plaza Tours with Pam - 10:00 a.m.-L  
Movie - 7:30 p.m.- T

Saturday, August 28

Mah Jongg - 10:00 a.m. - CR  
Tai Chi - 10:00 a.m. - 4CR  
Movie Matinee - 2:00 p.m.- T  
Movie - 7:30 p.m.- T

Sunday, August 29

Sunday Worship Departures - 10:30 - Lobby  
Sunday Brunch - 11:00-2:00p.m. - WDR  
Worship Service - 3:15 p.m. - Pl. 1Fl. DR  
Movie Matinee - 5:00 p.m.- T

Monday, August 30

Exercise Class - 9:00 & 10:00 a.m. - T  
Duplicate Bridge - 12:15 p.m. - CR  
Computer Q & A - 1:00 - 2:00 p.m. - WSR  
Crafters Gather - 2:00 - 3:00 p.m. - CA

Tuesday, August 31

Exercise - 9:00 - 10:30 a.m. - FC  
Day Trip to Bellville - 9:00 Depart- Lobby  
Painting Class - 2:00 - 4:00 p.m. - CA  
Catholic Comm. - 3:30 p.m.- 2 AR Plaza  
Bridge - 7:30 p.m. - CR

**Shop at Walmart**  
Monday, August 23rd - 10:00 a.m.  
Leave from lobby

**Pool Exercise**  
**WEDNESDAY**  
**9:00 & 10:00 A.M.**

**Plaza Tours - Friday -10:00 a.m.**  
Meet Pam in the Buckingham Lobby

**County Bus Day Trip to Bellville**  
Tuesday, August 31st  
Lunch & Tour Newman's Castle  
Guided Bus Tour of Bellville  
Depart at 9:00 a.m.-Lobby  
Total Cost: \$20 - Please pay Gloria



Sunday, August 1

Sunday Worship Departures - 10:30 - Lobby  
Sunday Brunch - 11:00-2:00p.m. - WDR  
Worship Service - 3:15 p.m. - Pl. 1Fl. DR  
Movie Matinee - 5:00 p.m.- T

Monday, August 2

Exercise - 9:00 a.m. & 10:00 a.m.  
Stein Mart Shopping - 10:00 a.m.- Lobby  
Duplicate Bridge - 12:15 p.m. - CR  
Crafters Gather - 2:00 - 3:00 p.m. - CA

Tuesday, August 3

Exercise - 9:00 - 10:30 a.m. - FC  
Painting Class - 2:00 - 4:00 p.m. - CA  
Catholic Communion-3:30 - Plaza 2AR  
Bridge - 7:30 p.m. - CR

Wednesday, August 4

Pool Exercise - 9:00 & 10:00 a.m. - Pool  
MFAH - 10:00 a.m. Lobby  
Bible Study - 10:30 - Plaza 2 FL. TV  
Poet's Corner - 2:00 - 3:00 p.m. - 4CR  
Brush Up Bridge - 2:00-4:00 p.m. -CR  
Classical Music - 4:00 - 5:00 p.m. -#1221  
Bingo - 7:30 p.m. - T

Thursday, August 5

Exercise - 9:00 - 10:30 a.m. - FC  
Randall's/Kroger - 10:00 a.m. Depart  
Bridge - 7:30 p.m. - CR

Friday, August 6

Exercise Class - 9:00 a.m. - T  
Stroke Awareness Wellness Program- T  
St. Lukes Neuro Science Center - 10:30 a.m.  
Movie - 7:30 p.m. - T

Saturday, August 7

Mah Jongg - 10:00 a.m. - CR  
Tai Chi - 10:00 a.m. - 4CR  
Movie Matinee - 2:00 p.m.- T

Saturday, August 7 continued

Movie - 7:30 p.m.- T

Sunday, August 8

Sunday Worship Departures -10:30- Lobby  
Sunday Brunch - 11:00-2:00p.m. - WDR  
Alley Theatre-*Mousetrap*  
1:30p.m. departure from Lobby  
Worship Service - 3:15 p.m. - Pl. 1Fl. DR  
Movie Matinee - 5:00 p.m.- T

Alley Theatre-*Mousetrap*  
Sunday, August 8th  
1:30p.m. departure from Lobby

**Shop at Stein Mart**  
Monday, August 2 - 10:00 a.m.  
Leave from lobby

**MFAH/Lunch**  
Wednesday, August 4 - 10:00 a.m.  
Masterworks of Charles M. Russell

Thursday's  
Grocery Shopping  
Randall's/Kroger - 10:00 a.m.

**Stroke Awareness**  
St. Luke's NeuroScience Center  
Friday- 10:30 a.m.- Theatre

Please RSVP to Gloria at 713.979.3066 on all scheduled events outside the Buckingham then stop by Lifestyles to sign an ancillary form to confirm your reservation.