

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|--|---|---|--|
| <p>THE PLAZA HEALTH SERVICES AT THE BUCKINGHAM</p> <p>8550 Woodway Houston, Texas 77063 713- 979-3777</p>  | <h1>December 2011</h1> <h2>Nottingham</h2>   | | <p><i>Activities may be changed to meet the needs of residents</i></p> | <p>1 9:30 Sittercise & AM Care 10:15 Coffee, News & Friends 11:00 What is missing 1:30 Holiday Travel 2:00 Fill in the Blank 3:00 Joke Telling & 4:00 Volleyball 6:30 Laundry Folding</p> | <p>2 9:30 Exercise & Care 10:15 Current Events 11:00 Inside Christmas Tour 1:30 Bible Verses 2:00 Watering flowers 3:00 Kids say Funny Things 4:00 Bingo 7:30 Movie Night</p> | <p>3 9:30 Exercise 11:30 Holiday Dinner Johnny Hammond 🎵 2:15 Bingo 3:00 Movie & Popcorn 4:00 Winter Trivia 6:30 Table Games</p> |
| <p>4 9:30 Exercise 10:15 Devotional Reading 11:00 Sunday Comics 2:00 Ball Toss 3:00 Cider Social 4:15 Songs of Faith/Cindy 6:30 Table Games</p> | <p>5 9:30 Sittercise & AM Care 10:15 Current Events 10:45 Manicures 1:30 Making Bread 2:00 Winter Floral Arranging 3:00 Birthday Jingo 4:00 Letters to Santa 6:30 Table Games</p> | <p>6 9:30 Sittercise & AM Care 10:00 Town Tour 11:00 Tuesday Trivia 1:30 Color Match 2:00 Plant Care 3:00 Wii Fun 4:00 Jokes & Riddles 6:30 Table Games</p> | <p>7 PEARL HARBOR DAY 9:30 Exercise & AM Care 10:15 What's New? 10:45 Favorite Songs 1:30 Cards-Daryle & Linh 2:00 Holiday Plants 3:00 Casino 4:00 Parachute 6:30 Life Stories</p> | <p>8 9:30 Sittercise & AM Care 10:15 Coffee, News & Friends 11:00 What is missing 1:30 Time with Julie 2:00 Fill in the Blank 3:00 Joke Telling & 4:00 Volleyball 6:30 Laundry Folding</p> | <p>9 9:30 Exercise & AM Care 10:15 Painting w/Tony 11:00 Inside/Outside Hike 1:30 Bible Stories 2:00 Cindy St. Cyr Sings 3:00 Kids say Funny Things 4:00 Bingo 7:30 Movie Night</p> | <p>10 9:30 Exercise 10:15 Favorite songs 11:00 Relaxation Techniques 2:15 Faithful Paws 3:00 Movie & Popcorn 4:00 Horse Race 6:30 Story Hour</p> |
| <p>11 9:30 Exercise 10:15 Devotional Reading 11:00 Sunday Comics 2:00 Ball Toss 3:00 Cider Social 4:15 Songs of Faith/Cindy 6:30 Table Games</p> | <p>12 9:30 Sittercise & AM Care 10:15 Current Events 10:45 Manicures 1:30 Making Bread 2:00 Winter Floral Arranging 3:00 Birthday Jingo 4:00 Santa History 6:30 Table Games</p> | <p>13 9:30 Exercise & AM Care 10:00 Town Tour 11:00 Tuesday Trivia 1:30 Tell a Joke 2:00 Favorite 50's Songs 3:00 Wii Games w/Sharon, Sheryl & Monica 4:00 Aroma Games 6:30 Card Games</p> | <p>14 9:30 Exercise & AM Care 10:15 News & Views 10:45 Five Minute Fudge 1:30 Holiday Arts & Crafts 2:00 Tap your dance 3:00 Bingo 4:00 Balloon Tennis 6:30 Photo Books</p> | <p>15 9:30 Sittercise & AM Care 10:15 Coffee, News & Friends 11:00 Play Along 1:30 Holiday Travel 2:30 Soft Hands 3:00 Music with Todd 🎵 4:00 Hot Potato 6:30 Laundry Folding</p> | <p>16 9:30 Exercise & Care 10:00 Current Events 11:00 Inside Nature Walk 1:30 Bible Verses 2:00 Chef's Treat 3:00 Laughter Time 4:00 Bingo 7:30 Movie Night</p> | <p>17 9:30 Exercise 10:30 Gloria's Guitar 🎵 2:15 Bingo 3:00 Movie and Popcorn 4:00 Rhythm Makers 6:30 Table Games</p> |
| <p>18 9:30 Exercise 10:15 Devotional Reading 11:00 Sunday Comics 2:00 Horse Shoes 3:00 Cider Social 4:15 Songs of Faith / Cindy 6:30 Table Games</p> | <p>19 9:30 Sittercise & AM Care 10:15 Current Events 10:45 Monday Manicures 1:30 PM Stretch 2:00 Charlotte's Gospel 3:00 Jingo 4:00 Memory Lane 6:30 What's Missing</p> | <p>20 Hanukkah  9:30 Exercise & Care 10:00 Town Tour 11:00 Hanukkah Trivia 1:30 Bubble Blowers 2:00 Jigsaw Puzzles 3:00 Wii Challenge 4:00 Pencil Art 6:30 Card Games</p> | <p>21 1st Day of Winter 9:30 Exercise & AM Care 10:15 News & Views 10:45 Family Traditions 1:30 Holiday Arts & Crafts 2:30 Tap your Dance 3:00 Music with Phil 🎵 4:00 Balloon Volleyball 6:30 Life Stories</p> | <p>22 9:30 Sittercise & AM Care 10:15 Coffee, News & Friends 11:00 What's Missing 1:30 Hand Care 2:00 Ring Toss 3:00 Hot Chocolate w/ Julia & LaVera 4:00 Line Dancing 6:30 Laundry Folding</p> | <p>23 9:30 Exercise & Care 10:15 Current Events 11:00 Inside Christmas Tour 1:30 Bible Verses 2:00 Watering flowers 3:00 Night Before Christmas 4:00 Bingo 7:30 Movie Night</p> | <p>24 9:30 Exercise 10:15 Memory Lane Songs 11:00 Relaxation Techniques 2:15 Chair Basketball 3:00 Movie & Popcorn 4:00 20 Questions 6:30 Table Games</p> |
| <p>25 Christmas Day  9:30 Exercise 10:30 Devotional Reading 11:00 Sunday Comics 2:00 Ball Toss 3:00 Christmas Cookies 4:15 Christmas Carols 6:30 Table Games</p> | <p>26 9:30 Sittercise & AM Care 10:15 Current Events 10:45 Monday Manicures 1:30 Afternoon Stroll 2:00 Pencil Art 3:00 Jingo 4:00 Group Journal 6:30 Puzzles</p> | <p>27 9:30 Exercise & AM Care 10:00 Town Tour 11:00 Tuesday Trivia 1:30 Putt Putt 2:00 Rhythm Makers 3:00 Wii Just Bowling 4:00 Pencil Art 6:30 Card Games</p> | <p>28 9:30 Exercise & AM Care 10:15 News & Views 10:45 Favorite Songs 1:30 Arts & Craft 2:00 Tap your Dance 3:00 Bingo 4:00 Balloon Volleyball 6:30 Puzzles</p> | <p>29 9:30 Sittercise & AM Care 10:15 Coffee, News & Friends 11:00 Hand Care 1:30 Holiday Travel 2:00 Movie & Popcorn 3:00 Water Colors 4:00 Hand Care 6:30 Laundry Folding</p> | <p>30 9:30 Exercise & AM Care 10:15 Grooming Exercise 11:00 Inside/Outside Tour 12:00 Noon Year's Party 1:30 Bible Stories 2:00 Watering Flowers 3:00 Bingo 4:00 Bowling for Dollars 7:30 Movie Night</p> | <p>31 9:30 Exercise 10:15 Memory Lane Songs 11:00 Relaxation Techniques 2:15 Chair Basketball 3:00 Movie & Popcorn 4:00 20 Questions 6:30 Table Games Happy New Year</p> |



Sunday Worship

11:10 am Chapelwood
United Methodist Church
Stratford Theater

3:15 p.m.
Cindy & David Sproul
Assisted Living
Dining Room

Enjoy Fellowship with
Friends
sing praise and
fellowship.

November Musical Entertainment

- **Cindy St. Cyr's** lively music sets the party tone. Join us as we celebrate **November Birthdays** Thursday, November 11, 3:30 p.m., LR.
- **Gloria's Guitar**, a musical one woman show, Saturday, November 19, 10:30 a.m.
- **Charlotte's Gospel**, well-loved hymns offers joy. Monday, November 28, 2:00 p.m.

Thanksgiving Family Dinner

Thursday, November 24, 11:00 a.m.

For details and reservations,
please contact the Concierge at (713) 979-3777.

Thanksgiving

For each new morning with its light,
For rest and shelter of the night,
For health and food, for love and friends,
For everything Thy goodness sends.

Ralph Waldo Emerson

Save the Date:

Holiday Dinner

11:30 – 1:00 p.m.

Singer Johnnie
Hammond

The Plaza at The Buckingham
8550 Woodway
Houston, TX 77063



Plaza Gazette

Nottingham

November 2011

From the desk of Philip Jacob, Healthcare Administrator,

Well the weather certainly is cooling down as we move well into the fall season. I wanted to thank all the residents of the Plaza for the warmest welcomes they have extended to me since I have joined the healthcare team. It certainly has been a pleasure getting to know everyone and becoming acclimated to my new home and I have enjoyed every moment of it.

I would like to let the residents know that we did complete our healthcare survey inspection that was conducted by the state and we were very successful! The entire team has pulled together to ensure the highest quality possible here at the Plaza and the results of the survey emphasize it. The actual details of the survey will come at a later time, but the overall impression from the state was very positive. I am thankful for all the hard work the staff put forth to accomplish this.

I look forward to the holiday season as November comes just around the corner and celebrating with all the staff and residents at the Plaza. We will honor our veteran's with a luncheon on Friday, November 11th. It is my hope that you will be able to attend this event as well as our Thanksgiving and then, Holiday Dinner in December. Remember to vote on November 8th. Voting information is available at the concierge's desk.

Along with Kay Mitchum, our new Director of Nursing, I am pleased to have Todd Werthman, our new Associate Executive Director join our team. His experience is a truly an asset for all of us at the Plaza. Our team continues to build and grow as we strive to bring the very best in care within the greatest community in Houston!

Healthcare Administrator
Philip Jacob

Assisted Living Manager
Liz George RN

Acting Director of Nursing
Irene Ausby RN

Director of Nursing
Kay Mitchum, RN BSN

Lifestyles Coordinator
Faith Brock LCSW ACC

Housekeeping Supervisor
Kerry Quarles

Dining Services Director
Tony Bejko
Julie Garza

Social Services
La Vera Davis LBSW

Admissions
Lily Mata

Executive Director
Julie Fenske 713.979.3838

Associate Executive Director
Todd Werthman
Security - 713-245-6349

Honoring our Veterans
Veteran's Day Luncheon
Friday, November 11th—11:00 a.m.



For reservations,
please
contact the
Concierge at

Faithful Paws



Our friends from
Faithful Paws visit
with their pets on
Saturday,
September 10th