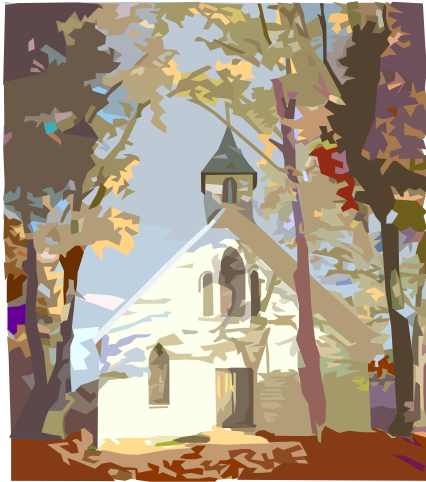


**SUNDAY****MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****SATURDAY**

<p><b>THE PLAZA</b> HEALTH SERVICES AT THE BUCKINGHAM</p> <p>8550 Woodway Houston, Texas 77063</p> 	<p><b>Lifestyles Coordinator</b> <b>Ozzie Ausburne</b> <b>713-979-3758</b></p>	<p><b>1 Lion Day</b> 9:30 Exercise <b>10:00 Walking Tour</b> 11:00 Tuesday Trivia 1:30 Zoo Outing 2:00 Balloon Volleyball 3:00 Wii Bowling 4:00 Pencil Art 6:30 Card Games</p>	<p><b>2 Favorite Things Day</b> 9:30 Exercise 10:15 Coffee Clatch &amp; News 11:00 Garden Walk 11:00 <b>Wortham Center</b> 1:30 Shadow Art 2:00 Favorite Things 3:00 Picture Bingo 4:00 Ring Toss 6:30 Hangman</p>	<p><b>3 Florida Day</b> 9:30 Exercise 10:15 Finish the Phrase 11:00 Sand Art 1:30 Soft Hands w/ Carla 2:00 Tennis Anyone? 2:00 MFAH Impressionists 3:00 Taste Of Florida 4:00 Pegs 6:30 Laundry Folding</p>	<p><b>4 March Forth Day</b> 9:30 Exercise 10:15 Current Events 11:00 Garden Walk 1:00 2nd Bapt H.S. Choir 1:30 Bible Verses 2:00 Photo Sharing 3:00 Scrap Booking 4:00 Bingo 7:30 Movie Night</p>	<p><b>5 Parasol Day</b> 9:30 Exercise 10:15 Sing along 11:00 Parasol Making 2:15 Bingo 3:00 Movie &amp; Popcorn 4:00 Beans, Beans, Beans 6:30 Bulls Eye</p>
<p><b>6 Name Day</b> 9:30 Exercise 10:30 Devotional Reading 11:00 Songs Of Faith 2:00 Horse Shoes 3:00 Racket Game 4:15 Sunday Worship 6:30 Table Games</p>	<p><b>7 Merry March Day</b> 9:30 Exercise 10:15 Current Events 10:45 Monday Manicures 1:30 Cookie Bake &amp; Songs 2:00 Cookie Decorate &amp; Taste 3:00 Jingo 4:00 Fact or Myth 6:30 <u>Beethoven Concert Rice U</u></p>	<p><b>8 Mardis Gras</b> 9:30 Exercise 10:00 <b>Town Tour</b> 11:00 Tuesday Trivia 2:00 Mask Making 3:00 Wii Golf 4:00 Laughter the Best Med 6:30 Table Games</p>	<p><b>9 Ash Wednesday</b> 9:30 Exercise 10:15 Coffee Clatch &amp; News 11:00 Button Button! 1:30 Have You Ever? 2:00 Favorite Songs 3:00 Bingo 4:00 Balloon Volleyball 6:30 Jigsaw Puzzle</p>	<p><b>10 Texas Day</b> 9:30 Exercise 10:15 Hang Man 11:00 Name that Tune 1:30 Soft Hands w/ Carla 1:30 <b>Orange Show</b> 2:30 Alphabet Games 3:00 Birthday Card Craft 4:00 Poem's of Winter</p>	<p><b>11 Clover Day</b> 9:30 Exercise 10:15 Current Events 11:00 Garden Walk 1:30 Bible Verses 2:00 <b>Birthday Bash w/Cindy</b> 3:00 Target Game 4:00 Pencil Art 7:30 Movie Night</p>	<p><b>12 Planting Day</b> 9:30 Exercise 10:15 Folk Favorite Songs 11:00 Planting 2:00 <b>Faithful Paws</b> 3:00 Movie &amp; Popcorn 4:00 Bean Bag Toss 6:30 Story Hour</p>
<p><b>13 Daylight Savings</b> 9:30 Exercise 10:30 Devotional Reading 11:00 Songs Of Faith 2:00 Ball Toss 3:00 Putt Putt 4:15 Sunday Worship 6:30 Table Games</p>	<p><b>14 Baseball Cap Day</b> 9:30 Exercise 10:15 Current Events 10:45 Monday Manicures 1:30 Cookie Baking &amp; Songs 2:00 Cookie Decorate &amp; Taste 3:00 Trivia Baseball 4:00 6 Love w/ Daryle 6:30 What's Missing</p>	<p><b>15 Discover Day</b> 9:30 Exercise 10:00 <b>Town Tour</b> 11:00 Tuesday Trivia 2:00 Casino w/ Carla 3:00 Wii Bowling 3:30 Reminisce Candy 4:00 Bowling 6:30 Tennis Toss</p>	<p><b>16 Comedy Day</b> 9:30 Exercise 10:15 Coffee Clatch &amp; News 11:00 Chair Volleyball 2:00 Favorite Funny Story 3:00 Bingo 4:00 Hot Potato 6:30 Past Times</p>	<p><b>17 St. Patrick's Day</b> 9:30 Exercise 10:00 <b>Green On Parade</b> 10:15 What's In The News 11:00 Songs to Remember 1:30 Soft Hands w/ Carla 1:30 <b>Discovery Tour</b> 2:00 Pot of Gold 4:00 Birthday Jingo 6:30 Laundry Folding</p>	<p><b>18 Opera To Go</b> 9:30 Exercise 10:15 Current Events 11:00 Garden Walk 1:30 Bible Verses 2:00 Malted Milks 3:00 Parachute 4:00 Jingo 7:30 Movie Night</p>	<p><b>19 "M" Day</b> 9:30 Exercise 10:30 <b>Gloria's Guitar</b> 11:00 Trivia Time 2:15 M &amp; M Art 3:00 Movie &amp; Popcorn 4:00 Rhythm Makers 6:30 Table Games</p>
<p><b>20 Spring Begins</b> 9:30 Exercise 10:30 Devotional Reading 11:00 Songs Of Faith 2:00 Paper Fashions 3:30 Show It Off 4:15 Sunday Worship 6:30 Table Games</p>	<p><b>21 Memory Day</b> 9:30 Exercise 10:15 Current Events 10:45 Monday Manicures 1:30 Cookie Bake &amp; Songs 2:00 Cookie Decorate &amp; Taste 3:00 Jingo 4:00 Memory 6:30 We Reminisce</p>	<p><b>22</b> 9:30 Exercise 10:00 <b>Town Tour</b> 11:00 Tuesday Trivia 2:00 Humor's the Best Medicine 3:00 Wii Golf 3:30 Reminisce Drinks 4:00 To Tell the Truth 6:30 Puzzle games</p>	<p><b>23 Zydeco Day</b> 9:30 Exercise 10:15 Headline News 11:00 Hat game 11:00 <b>Burgers and Blues</b> 2:00 Favorite Songs 3:00 Bingo 4:00 Radio Days 6:30 Putt Putt</p>	<p><b>24 Crafty Day</b> 9:30 Exercise 10:15 Yesteryear 11:00 Floral Arranging 1:30 Soft Hands w/ Carla 1:30 <b>Discovery Tour</b> 2:30 Crafty Social 3:00 Origami 4:00 Reminisce the 40's 6:30 Laundry Folding</p>	<p><b>25 Greek Day</b> 9:30 Exercise 10:15 Current Events 11:00 Garden Walk 1:30 Bible Verses 2:00 <b>It's Greek To Me!</b> 3:00 Dominoes 4:00 Checkers 7:30 Movie Night</p>	<p><b>26 Cake Day</b> 9:30 Exercise 10:15 Finish the Phrase 10:30 Cake Decorating 11:00 Broomstick Sweep 2:15 Name that Tune 3:00 Movie &amp; Popcorn 4:00 Winter Trivia 6:30 Table Games</p>
<p><b>27 Joe Day</b> 9:30 Exercise 10:30 Devotional Reading 11:00 Songs Of Faith 2:00 Bible Jingo 3:00 Coffee Talk 4:15 Sunday Worship 6:30 Table Games</p>	<p><b>28</b> 9:30 Exercise 10:15 Current Events 10:45 Monday Manicures 1:30 Cookie Bake &amp; Decorate 2:00 <b>Charlotte's Gospel Hour</b> 3:00 Jingo 4:00 Have You Ever 6:30 Ring Swing</p>	<p><b>29 Coca Cola Day</b> 9:30 Exercise 10:00 Coke Cap Game 11:00 Coke and a Smile 1:30 <b>HMNS</b> 2:00 Humor the best Medicine 3:00 Cooking with coke 4:00 Coke Experiments 6:00 Games</p>	<p><b>30</b> 9:30 Exercise 10:15 News and Views 11:00 In The Bag? 11:00 <b>Burgers and Blues</b> 2:00 Favorite Songs 3:00 BINGO 4:00 I Spy 6:30 Alphabet traveler</p>	<p><b>31</b> 9:30 Exercise 10:15 Hat Making 11:00 This time back then 1:30 Soft Hands With Carla 2:30 Hat &amp; Gloves countdown 3:00 Garden Party 4:00 If I were King/Queen 6:30 Laundry Folding</p>	<p><b>March 2011</b> <b>Nottingham</b></p>	



### Sunday Worship 4:15 p.m.

Gather with friends to sing  
praise and fellowship.  
See you there.  
Cindy & David Sproul

### ♪ MARCH Entertainment ♪

Join us as we celebrate March Birthdays for  
A toe tapping good time with  
**Cindy St. Cyr**  
Friday, March 11th -2:00 p.m.

A One Woman show is **Gloria's Guitar**  
Saturday, February 19th at 10:30 a.m.

**Charlotte Henson** presents gospel songs on  
Monday, February 21st at 2:00 p.m.

### Discovery Tours

- Houston Zoo -1st
- Wortham Theatre -2nd
- MFAH Impressionist - 3rd
- Beethoven-Rice University - 7th
- Town Tours - 8th ,15th & 22nd
- Art Car Museum - 10th
- Burgers and Blues (Discovery Green) -23rd & 30th
- HMNS Exhibit Hall - 29th

The Plaza at The Buckingham  
8550 Woodway  
Houston, TX 77063



### Plaza Gazette

### Nottingham

### March 2011

March 1, 2011



Dear Residents:

Thank you to everyone that completed the annual resident survey. There was a 70 percent response. We expect the results in the next few weeks and we will set up resident meetings to review the reports with all of you. Watch for the Raffle of a \$1000 discount on your monthly rent for those that participated.

Just a reminder that we are hosting a paper shredding day on Saturday, March 5<sup>th</sup> from 9am to 1pm in the front circle of The Buckingham. There will be a fee of \$10 for unlimited shredding and you may watch your personal items be shredded right into the truck on premises. Please call down to Monica this week if you need staff to assist you with boxes that day and feel free to tell your families should they like to bring over personal documents to shred as well. Five dollars of the \$10 fee will go towards our annual Alzheimer's Fund Raising efforts and the other half will cover the fee to have the shredding service.

As you have noticed, we once again had quite a bit of damage to the property landscaping from the harsh weather this season. The landscapers will be working over the next few weeks to clean up the property. They will also be working with our landscape committee on a number of projects including some shrub relocation and bed redesign. Please be patient with us as we take some aggressive steps to make some changes to a number of the different areas over the next few months.

In closing, please help us welcome our new Associate Executive Director. Crystal Long is a Licensed Nursing Home Administrator with over 10 years of experience in the senior living industry, with 3+ years in a CCRC setting. She was the Executive Director for Garden Terrace Alzheimer's Center of Excellence, a 120 bed ALZ care center in Houston, TX prior to joining the Buckingham. In her most recent facility survey, 94% of customers rated the overall service as "excellent". Prior to joining Garden Terrace, Crystal served as the Health Care Administrator at The Forum at Memorial Woods, a 407 unit CCRC in Houston, Texas.

Crystal is a graduate of Baylor University with a Bachelor's Degree in social work. She is a strong believer in life-long education and continuous personal growth and is currently in an MBA program at St. Joseph's College. Crystal's certifications and licenses are numerous and include a Certified Long Term Care Specialist, Certified Assisted Living Manager, Certified Eden Alternative associate, and Certified Nursing Home Administrator credential from the American College of Health Care Administrators. She continues to hold licenses as a Nursing Facility Administrator and Social Worker.

Crystal enjoys spending time with her family and numerous pets and when given the chance, loves to read and travel.

*Julie Fenske*  
Executive Director

- Executive Director**  
Julie Fenske 713.979.3838
- Healthcare Administrator**  
Barbara Martin  
713.979.3780
- Assisted Living Manager**  
Liz George
- Director of Nursing**  
Suzanne Mitchell-McNeil
- Lifestyles Coordinator**  
Ozzie Ausburne
- Housekeeping Supervisor**  
Kerry Quarles
- Dining Services Director**  
Tony Bejko  
Julie Garza
- Social Services**  
La Vera Davis
- Admissions**  
Lily Mata

### We Celebrate March Birthdays!



### Faithful Paws



**Our friends  
from Faithful  
Paws visit with  
their pets on  
Saturday, 12th**