

Monday, May 10

Exercise Class - 9:00 & 10:00 a.m. - T
Brookwood - 9:00 a.m.- Lobby Depart
 Duplicate Bridge - 12:15 p.n. - CR
 Computer Q & A - 1:00 - 2:00 p.m. WSR
 Jewelry Class - 2:00 p.m. CA
 Stitcher's Corner - 2:00 p.m. 4 CR
 Resident Council - 7:15 p.m. - T

Tuesday, May 11

Exercise - 9:00 - 10:30 a.m. - FC
 Painting Class - 2:00 - 4:00 p.m. - CA
 Book Club - 2:00 - 3:00 p.m. - 3CR
 Birthday Bash - 3:30 p.m. - Mezz.
 Bridge - 7:30 p.m. - CR

Wednesday, May 12

Exercise Class - 9:00 & 10:00 a.m. - T
 Bible Study - 10:30 - Plaza 2 FL. TV
 Therapy Clinic - *Diabetes* - 2:00 p.m. - T
 Brush Up Bridge - 2:00 - 4:00 p.m. - CR
 Classical Music - 4:00 - 5:00 p.m. #1315
 Bingo - 7:30 p.m. - T

Thursday, May 13

Exercise - 9:00 - 10:30 a.m. - FC
Randall's/Kroger - 10:00 a.m. Depart
 Bible Study - 10:00 a.m. - 3CR
 Listen Group - Mtc/Security 2:00 p.m. - T
 Men's Hour - 3:00 p.m. - B
 Bridge - 7:30 p.m. - CR

Friday, May 14

Exercise Class - 9:00 a.m. - T
 Wii Games - 2:00 p.m. - R
 How Art Made the World - 2:00 p.m. - T
 Tai Chi - 3:00 - 3:30 p.m. - 4CR

Saturday, May 15

Mah Jongg - 10:00 a.m. - CR
 Movie Matinee - 2:00 p.m. - T
Art is Ageless - 3:00 p.m. Westin Galleria
 Movie - 7:30 p.m. - T

Sunday, May 16

Sunday Worship Departures - 10:30 - Lobby
 Sunday Brunch - 11:00-2:00p.m. - WDR
Stages Theatre/Dinner - *Till Death*
***Do Us Part* - 2:00 p.m. Depart**
 Neighborhood Chat - 4:00 p.m. - Mezz.
 Worship Service - 3:15 p.m. - Plaza, 1Fl. DR
 Movie Matinee - 5:00 p.m. - T

Therapy Clinic**Wednesday, May 12 , 2:00 p.m., Theatre**

Diabetes Mellitus (Diabetes) is a disease characterized by high blood sugar (glucose) that results from deficits in insulin secretion, action or both. It is a very common disease. We will discuss what it is, risk factors for developing the disease, and prevention and interventions for the disease. There will be some useful information on living a full life with diabetes. We will also be available to discuss or answer questions about any of the therapy services we provide here at The Buckingham. See you there!

***Till Death Do Us Parts*****Sunday, May 16th****Bus Departs at 2:00 p.m.****Tickets: \$30.00****Dinner Afterwards**Monday, May 17

Exercise Class - 9:00 & 10:00 a.m. - T
 Wal-Mart - 10:00 a.m. Lv.
 Duplicate Bridge - 12:15 p.n. - CR
 Computer Q & A - 1:00 - 2:00 p.m. WSR
 Jewelry Class - 2:00 p.m. CA
 Stitcher's Corner - 2:00 p.m. 4 CR
 Sunset Serenade - Pam & Harry 🎵
 7:00 p.m. WDR Courtyard

Tuesday, May 18

Exercise - 9:00 - 10:30 a.m. - FC
 Painting Class - 2:00 - 4:00 p.m. - CA
 Bridge - 7:30 p.m. - CR

Wednesday, May 19

Exercise Class - 9:00 & 10:00 a.m. - T
 Bible Study - 10:30 - Plaza 2 FL. TV
 Poet's Corner - 2:00 p.m. 4 CR
 Brush Up Bridge - 2:00 - 4:00 p.m. - CR
 Ladies Tea - 3:00 - 4:00 - WDR Courtyard
 Classical Music - 4:00 - 5:00 p.m. #1315
 Bingo - 7:30 p.m. - T

Thursday, May 20

Exercise - 9:00 - 10:30 a.m. - FC
 Randall's/Kroger - 10:00 a.m. Leave
 Bible Study - 10:00 a.m. - 3CR
 Line Dancing - 3:00 p.m. - T
 Bridge - 7:30 p.m. - CR

Friday, May 21

Exercise Class - 9:00 a.m. - T
Parkinson's Meeting/Lunch - 10:30 a.m. Lv.
 Plaza Tour W/Pam Rakestraw - 10:00 a.m.-L
 Wii Games - 2:00 p.m. - R
 How Art Made the World - 2:00 p.m. - T
 Tai Chi - 3:00 - 3:30 p.m. - 4CR
 Movie - 7:30 p.m. - T

Saturday, May 22

Mah Jongg - 10:00 a.m. - CR
 Movie Matinee - 2:00 p.m. - T
 Movie - 7:30 p.m. - T

Sunday, May 23

Sunday Brunch - 11:00-2:00p.m. - WDR
 Worship Service - 3:15 p.m. - Plaza, 1Fl. DR
 National Parks of the U.S. Tour - 3:00 p.m. - T
 Accent on Travel Presentation

The Survey Says

In an effort to better serve the community in the communication process of daily and special events the Resident Lifestyles Committee recently conducted a survey of preferences. The results showed the majority of residents use the Crowne News, Bulletin Board and In-House channel for information and want to have less paper in their mail boxes. As a result of this survey the committee has proposed a new look to the calendar and we hope it helps you. You will find a page for each weekly agenda and no overall calendar. This format allows the print to be larger in size and more readable. For those wanting a monthly calendar please come to Lifestyles. We hope you like the new look.

*Resident Lifestyles Committee***How Art Made The World a 5 part series by BBC Video on Fridays at 2:00 p.m. - Theatre**

Why does our world look like it does? That great modern mystery is spectacularly unraveled in this international landmark series, an epic quest across 5 continents and 100,000 years—via some of the greatest treasures of the ancient world - to the heart of human creativity. For anyone who has ever wondered about our place in the world.



Monday, May 24

Exercise Class - 9:00 & 10:00 a.m. - T
Duplicate Bridge - 12:15 p.n. - CR
Computer Q & A - 1:00 - 2:00 p.m. WSR
Jewelry Class - 2:00 p.m. CA
Stitcher's Corner - 2:00 p.m. 4 CR

Tuesday, May 25

Exercise - 9:00 - 10:30 a.m. - FC
Painting Class - 2:00 - 4:00 p.m. - CA
Bridge - 7:30 p.m. - CR

Wednesday, May 26

Exercise Class - 9:00 & 10:00 a.m. - T
Bible Study - 10:30 - Plaza 2 FL. TV
Monument Inn Lunch - 10:45 a.m. Leave
Poet's Corner - 2:00 p.m. 4 CR
Brush Up Bridge - 2:00 - 4:00 p.m. - CR
Classical Music - 4:00 - 5:00 p.m. #1221
Bingo - 7:30 p.m. - T

Thursday, May 27

Exercise - 9:00 - 10:30 a.m. - FC
Randall's/Kroger - 10:00 a.m. Leave
Bible Study - 10:00 a.m. - 3CR
Listen Group - Dining Services 2:00 p.m. T
Dinner/A.D. Players, Little Foxes
4:45 p.m. departure
Bridge - 7:30 p.m. - CR

Friday, May 28

Exercise Class - 9:00 a.m. - T
WII Games - 2:00 p.m. - R
Tai Chi - 3:00 - 3:30 p.m. - 4CR
Movie 7:30 p.m. - T

Please RSVP to Gloria at 713.979.3066 on all scheduled events outside the Buckingham then stop by Lifestyles to sign an ancillary form to confirm your reservation.

Saturday, May 29

Mah Jongg - 10:00 a.m. - CR
Movie Matinee - 2:00 p.m. - T
Movie - 7:30 p.m. - T

Sunday, May 30

Sunday Brunch - 11:00-2:00p.m. - WDR
Worship Service - 3:15 p.m. - Plaza, 1Fl. DR
Movie Matinee - 5:00 p.m. - T

Monday, May 31 - MEMORIAL DAY


Memorial Service - 10:30 a.m. - Front Drive
Picnic - Noon - Windsor Court
Duplicate Bridge - 12:15 p.n. - CR
Jewelry Class - 2:00 p.m. CA
Stitcher's Corner - 2:00 p.m. 4 CR



Monument Inn
Wednesday - 10:45 a.m.
Julie will join us on this trip.
Make your Reservation with Gloria.

Specializing in Fresh Gulf Coast Seafood and offering a wide array of Pastas, Beef and Chicken, Monument Inn is one of Houston's most popular restaurants! We also overlook the exciting Houston Ship Channel!

Greed. Power. Money.
Family.



The Little Foxes
by Lillian Hellman
Thursday, May 27 - 4:45 p.m.



Saturday, May 1

Mah Jongg - 10:00 a.m. - CR
Run For The Roses - 4:00 p.m. - T
Kentucky Derby
Movie - 7:30 p.m. - T

Sunday, May 2


Sunday Brunch - 11:00-2:00p.m. - WDR
Worship Service - 3:15 p.m. - Plaza, 1Fl. DR
Movie Matinee - 5:00 p.m. - T
The Creation, J. Hayden at MDPC - 6:15 pm

Monday, May 3

Exercise Class - 9:00 & 10:00 a.m. - T
Target - 10:00 a.m. - Lobby departure
Duplicate Bridge - 12:15 p.n. - CR
Computer Q & A - 1:00 - 2:00 p.m. WSR
Jewelry Class - 2:00 p.m. CA
Stitcher's Corner - 2:00 p.m. 4 CR
Bayou City Singers - 7:30 p.m. - T

Tuesday, May 4

Exercise - 9:00 - 10:30 a.m. - FC
Lunch at Your Cup of Tea - 11:30 a.m. Leave
Painting Class - 2:00 - 4:00 p.m. - CA
Bridge - 7:30 p.m. - CR



Kentucky Derby 136
Saturday, May 1
4-6 p.m. NBC
Stratford Theatre

Join your friends for Mint Juleps and a good time! Ladies remember your *HAT!*



Cinco de Mayo
Poolside Fiesta
5:30-7:30 p.m.
Food.. Fun ... Margaritas

Wednesday, May 5

Exercise Class - 9:00 & 10:00 a.m. - T
Bible Study - 10:30 - Plaza 2 FL. TV RM
Poet's Corner - 2:00 p.m. 4 CR
Brush Up Bridge - 2:00 - 4:00 p.m. - CR
Classical Music - 4:00 - 5:00 p.m. #1315
Fiesta Poolside - 5:30 p.m. - Pool
Bingo - 7:30 p.m. - T

Thursday, May 6

Exercise - 9:00 - 10:30 a.m. - FC
Randall's/Kroger - 10:00 a.m. Leave
Bible Study - 10:00 a.m. - 3CR
Line Dancing - 3:00 p.m. - L
Bridge - 7:30 p.m. - CR

Friday, May 7

Exercise Class - 9:00 a.m. - T
WII Games - 2:00 p.m. - R
Tai Chi - 3:00 - 3:30 p.m. - 4CR
Movie - 7:30 p.m. - T

Saturday, May 8

Taste of Texas - 8:30 a.m. Depart
Mah Jongg - 10:00 a.m. - CR
Movie Matinee - 2:00 p.m. - T
Movie - 7:30 p.m. - T

Sunday, May 9 - Mother's Day

Sunday Brunch - 11:00-2:00p.m. - WDR
Worship Service - 3:15 p.m. - Plz, 1st Fl
Movie Matinee - 5:00 p.m. - T

Bayou City Singers
Monday, May 3
7:30 P.M
Stratford Theatre





"Kentucky Derby 136"

Saturday, May 1
4-6 p.m. NBC

Stratford Theatre

Join your friends as we gather for pre race fun, a Kentucky smooth mint julep and ponder the equine question! Who will claim the garland of roses and a spot in horse racing history? NBC Sports provides live coverage of Kentucky Derby 136 and showcases the fascinating equine and human competitors chasing fortune and glory enroute to the Derby Winner's Circle. The two-hour telecast also highlights the fantastic spectacle behind "The Greatest Two Minutes in Sports" at the iconic Churchill Downs Racetrack in Louisville, Ky.

Will you be a Derby Fashionista and be Declared Buckingham's best dressed?



Bayou City Singers Monday, May 3 7:30 p.m. - Theatre

A fun group of all volunteers who enjoy sharing their music with others. This Houston based group has been singing for 37 years and are led by Jim Price.

Cinco de Mayo

Wednesday, May 5th
Poolside Fiesta
5:30-7:30 p.m.

Food.. Fun ... Margaritas



An Afternoon Tea and Chat With Barbara Bush



The Buckingham Hosts
Fifth Anniversary
Senior Lecture Series
April 29th - 2:00 p.m.

Photos: LR

Julie Fenske, Executive Director of The Buckingham, thanks resident Mildred Kerr for arranging the Barbara Bush event.

Photo Right: Tony Bejko, Dining Services Director escorts Mrs. Barbara Bush.



The Creation

by Joseph Haydn

Inspired by the Genesis story of creation and Milton's epic poem *Paradise Lost*, Haydn's beloved oratorio celebrates each day of the creation with joyous choruses, lyric arias, solo ensembles, and a colorful orchestration. This unique oratorio, like *Handel's Messiah*, is considered one of the great masterpieces of all time. The concert will be conducted by Dr. Charles Hausmann

Sunday, May 2
6:15 p.m.

MDPC
Concert Series
2009-2010

Lunch with Friends at Your Cup of Tea

Tuesday, May 4,
11:30 a.m. departure



20th Anniversary TAHSA Art is Ageless Winners Honored at Reception

Westin Galleria Hotel
Saturday, May, 15th - 2:30 p.m.

The Art Is Ageless Awards Ceremony and Reception will be held on Saturday, May 15th from 3:00-5:30 p.m. at the Houston Westin Galleria Hotel.

This years finalists are Ruth Carroll, Lois Geis, June Grissom, and Evelyn Wilkenson.

We invite all residents to attend who are looking to enjoy an afternoon of fellowship and fun celebrating with the winners. Come see all the Texas entries.

Memorial Day Service
10:30 a.m.
Monday, May 31st

Continued from page 3.

- Crowne:** us to move nearer to him in Houston and he had heard about the Buckingham.
- Meredith:** So where did you live immediately prior to coming to The Buckingham?
- Crowne:** The Buckingham had not been built, but we paid the deposit for our apartment, and bought a temporary house in the Woodlands, where we lived for the 3 years until our Buckingham apartment was ready.
- Meredith:** What were your fondest childhood memories?
- Don:** Going to live with my Grandparents every summer in southern Ohio.
- Crowne:** Going to summer camp in Northern Michigan every summer for about 5 or 6 years.
- Meredith:** What about fondest adult memories?
- Don:** I liked going round the world with Don when he went on business. I loved to travel.
- Crowne:** We have had many very happy memories. But we also have a bad memory. Meredith got polio when we first moved to Bethlehem. She was seriously ill for a long time and lost the baby she was expecting.
- Meredith:** What do you think about the quality of life today and the pace and attitudes?
- Don:** Everything has speeded up, but I suppose it must have seemed the same way to our parents with all the things that were going on during the twenties.
- Crowne:** Would you like to be a 9 year old setting out on life today?
- Meredith:** No, neither of us would like to do that. I liked the slower pace. It's so frenetic today.
- Crowne:** What interests do you have and how do you like to spend your time?
- Don:** We both like to paint and read and Meredith likes to sew. We feel fortunate that the Buckingham provides us with the opportunity to do these things.
- Crowne:** Does The Buckingham come up to your expectations of what you hoped it would be like?
- Don:** Yes, we expected it to be good and it is. Especially all of the friendly residents and friendly help.
- Crowne:** Well thank you for giving us the privilege of getting to know you both a little better.

J.H.

**Presents****'Til Death Do Us Part:
Late Nite Catechism 3**

By Maripat Donovan with Marc Silvia

'Til Death Do Us Part: Late Nite Catechism 3 is the latest class to be unveiled in this sinfully funny series. After teaching countless students all about the saints, venial sins, guilt, limbo and more, Sister is now offering up hilarious lessons on the Sacraments of Marriage and Last Rites, including her own wacky version of the Newlywed Game. Classroom participation is a must, so bring along your sweetie and your sense of humor for a session with the country's feistiest couples counselor!

Sunday, May 16th
Bus Departs at 2:00 p.m.
Tickets: \$30.00
Dinner Afterwards

See Sign Up Sheet - Bulletin Board

Saturday, May 8th
Depart 8:30 a.m.
Tickets: \$20.00



Join owner Nina for a fun-filled tour of the artifacts at the Taste. A history buff, Nina will be sure to entertain you with true tales from Texas' past. Then take a short tour of the kitchen and enjoy lunch.

**A.D.
Players**

Tickets \$25.00
Dinner at
Carrabba's

Be sure to sign
up at the bulletin
board

THE LITTLE FOXES tells the story of a family divided by ruthlessness and personal quests for power and wealth. This award-winning play by Lillian Hellman offers a drama of love, hate, betrayal and even the consideration of murder amid the customs and manners of early 20th century society.

**The Buckingham Continues
Outreach Program to Brookwood Community**

The Brookwood Community is a God-centered educational, residential, and entrepreneurial community for adults with functional disabilities located in Brookshire, Texas, just west of Houston. Mission-spirited teachers work with the Brookwood citizens to provide an environment of supervised independence. Brookwood provides opportunities to live, to learn, to work, and to play. Designed to provide "life" opportunities which promote self esteem. Brookwood enterprises include hand crafts (candles, ceramics, screen printing, garden sculpture, and stone casting), horticulture, retail stores, and the Cafe at Brookwood with entrees prepared by a gourmet chef and staff.

The Buckingham volunteers have an opportunity to participate and support the Brookwood Community by volunteering on the second Monday of each month from 9:00 a.m. to 1:30 p.m. Volunteers will put their talents to work cleaning or painting ceramics and stonecast pottery. These products will be offered at the Brookwood retail stores which, helps support the Brookwood Community. If you are interested in spending quality time with your friends and making new friends, be sure to sign up for this space limited outreach project. We will lunch at the Brookwood Café on Monday, May 10.



Don and Meredith Blickwede are amongst the earliest residents at The Buckingham. They moved into their Apartment # 2415 on September 26th 2005. They have very kindly agreed to be interviewed for the Crowne News.

Crowne: Are either of you native Houstonians or native Texans?

Meredith: No, neither of us are Texans.

Crowne: Well where were you born?

Meredith: I was born in Detroit, Michigan and grew up there and in Ann Arbor, then Dearborn Hills.

Don: I was born in Detroit also and grew up there.

Crowne: Meredith, do you have any brothers or sisters?

Meredith: I had one sister, who was 6 years younger, she died 10 years ago.

Crowne: Don do you have any brothers or sisters?

Don: No.

Crowne: Where did each of you go to school?

Meredith: I went to Wayne University and finished at Boston University.

Crowne: What did you study at University?

Meredith: I studied Home Economics, which is now called Household Engineering, majoring in Design and Architecture.

Don: I went to Wayne University and studied Chemical Engineering, but later went to M.I.T. graduate school where I studied Metallurgy and Metals Engineering, receiving a Doctorate in 1948

Crowne: Where and when did you meet?

Don: We met at Wayne University. I was the Editor of the Engineering Magazine there, in my senior year, but needed some one who could type and Meredith agreed to help me.

Crowne: When and where were you married?

Meredith: We were married in 1943 in Dearborn at Henry Ford's Greenfield Village in the Martha Mary Chapel (which was named after Henry Ford's mother and his wife's mother) - Henry didn't attend our wedding.

Crowne: Do you have any children?

Meredith: We have a daughter, Karen, and a son, Jon.

Crowne: Are they married?

Meredith: Yes, Karen is married but has no children, Jon is married and has twins by adoption and one of his own.

Crowne: Where do they all live?

Meredith: Karen lives in Lake Villa, Illinois but comes down to visit us at least twice a year. Jon lives here in Houston about a mile away from the Buckingham and is a frequent visitor.

Crowne: Where have you lived?

Don: When I graduated from Wayne University I went to work for Curtis Wright Corporation in Caldwell, New Jersey near Newark. I worked in their Materials Department, but after the war we moved up to Boston and I went to M.I.T., and Meredith finished her degree at Boston University. We were there for 3 years and then went to Washington D.C., where I worked at the Naval Research Laboratory for 2 years. We did not like living in Washington, so we were happy to leave and went to Bethlehem, Pennsylvania. I went to work for Bethlehem Steel Company in their Research Department. In 1963 was appointed Vice President and remained in that position for the rest of my working career. I visited many places within the U.S. and all over the world on business. Meredith was able to accompany me on some of these trips.

Two years or so after I retired we decided to move south, to be nearer to Jon who then was living in New Orleans. We moved to Fairhope, Alabama, we were there just 6 weeks when our house was struck by lightning and burnt to the ground. We lost everything but we rebuilt the house and remained there for 5 years. Towards the end of that time there we decided to visit Meredith's sister, Barbara, in California. We drove there via Houston, to see Jon, and Lubbock to visit a friend there and Green Valley, Arizona, just south of Tucson, to visit another friend. We were rather taken with Arizona but went on to see Meredith's sister in California. However, on our journey home we called in again on our friend in Green Valley and liked it so much that we decided to move there a few months later, and lived there for 12 years.

We loved it there, I joined a group of men who volunteered for the Forest Service searching for and erecting warning signs on old abandoned mines in the mountains surrounding Green Valley. We found and put warning signs on over five thousand old mines. We received awards for this volunteer activity.

However, after 12 years we felt it was time to find a continuing care type of retirement community near to our children, our daughter Karen lived up in the cold climate and we didn't want to move north. Jon wanted

Continued on page 9.



Staff Directory

<u>Administration</u>		<u>Phone Number</u>
Executive Director	Julie Fenske	713.979.3838
Associate Director		713.979.3789
Business Office Manager	Sharon Mistretta	713.979.3080
Billing Specialist	Sheryl Bagwell	713.979.3790
Administrative Asst.	Monica Romero	713.979.3100
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Concierge/Transportation	Nancy Mistretta	713.979.3090
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<u>Lifestyles</u>		
Lifestyles Director	Deborah Mahrt	713.979.3097
Lifestyles Coordinator	Gloria Marks	713.979.3066
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<u>Food and Beverage</u>		
Dining Room		713.979.3095
Director of Dining Services	Tony Bejko	713.979.3792
Dining Room Manager		713.979.3069
Executive Chef	Wayne Webb	713.979.3767
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<u>Housekeeping</u>		
Director of Resident Services	Pam Ortiz	713.979.3091
Resident Services Coordinator	Juana Mata	713.979.3068
Supervisor of Housekeeping	Kerry Quarles	713.979.3076
<hr/>		
<u>Building Operations/Security</u>		
Director of Bldg. Operations	John Thomas	713.979.3787
Director of Security	Fidel Vasquez	713.979.3078
After Hours Security		713.245.6349
Guard House		713.979.3055
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<u>Marketing</u>		
Director of Marketing	Cathy Lightfoot	713.660.6552

A Message From Our Executive Director



Dear Residents:

Thank you to everyone who attended the April listen groups for Health Care and Administration. For those of you who attended the Health Care session you had an opportunity to meet our new Administrator of the Plaza, Barb Martin and learn more about her background. During Barb's listen group she handed out a phone list of Plaza staff and a few of you also asked about her resume. Copies of both are available in the administrative offices with Monica if you'd like them. I gave updates on our recent caregiver meetings, the details of the Barbara Bush event, building projects and updates (St. James chairs should be in soon) and a general overview of the resident survey. Anyone that would like a copy of my notes from that meeting can see Monica as well. I will be doing a few sessions specifically on the resident survey results during May so watch for dates and times.

I also expect to have the completed Audit this month and will set up a time to review that for anyone wanting to understand how to read the report and what the results mean.

We are also getting closer in our recruitment efforts with both the Dining Room Manager and Associate Executive Director Positions and hope to have candidates selected in the next 30 days. We feel these positions are critical to the service delivery in the community and want to be sure we are finding the perfect fit.

The Lifestyles Resident Committee reports in an effort to better serve the community in the communication process of daily and special events the committee recently conducted a survey of preferences. The results showed the majority of residents use the Crowne News, Bulletin Board and In-House channel for information and want to have less paper in their mail boxes. As a result of this survey the committee has proposed a new look to the calendar, there will be a page for each weekly agenda and no overall calendar. This format allows the print to be larger in size and more readable. For those who prefer a monthly calendar copies will be available in Lifestyles. We hope you like the new look.

Best Regards,

Julie

May Highlights



Therapy Clinic

Wednesday, May 12, 2:00 p.m., Theatre

Diabetes Mellitus (Diabetes) is a disease characterized by high blood sugar (glucose) that results from deficits in insulin secretion, action or both. It is a very common disease. We will discuss what it is, risk factors for developing the disease, and prevention and interventions for the disease. There will be some useful information on living a full life with diabetes. We will also be available to discuss or answer questions about any of the therapy services we provide here at The Buckingham. See you there!

Neighborhood Chat

Sunday, May 16th, 4:00 p.m., Mezzanine

Join your neighbors for a time of fellowship at this monthly gathering. This month's hostesses are Millie Babich and Martha Wetzel.

National Parks of the USA- Accent Travel

May 23, 3:00 p.m.- Theatre

Come visit with Cindy to discover and discuss all the exciting places and opportunity for travel. Eleanor Prillaman is your host.

Wii Games with Yvonne Fridays, 2:00 p.m. Rotunda

Nintendo's Wii video game system (pronounced "we") brings people of all ages and video game experience together to play. This simple yet groundbreaking idea is expressed not only through the system's evocative name, which is easily pronounced in a variety of languages, and suggests two players side by side, but also through its innovative list of features and extensive list of playable titles. Come compete with your neighbor and have some fun.

Team Member Spotlight - Lily Muta, Admissions Assistant

Lily found out about The Buckingham through our Independent Living residents the Chapmans. Lily worked for them while the community was being built. As she will tell you, they forced her to come with them. She interviewed for the position of Housekeeping Manager, with one condition - that the Chapman's be in her section. Lily worked in housekeeping for about one and half years and then took the position as the evening receptionist at The Plaza front desk. Prior to becoming the Admissions Assistant, she also assisted Linh in Human Resources, and worked in Dietary and Administration. I guess you could say Lily is a jack of all trades.



Lily was born and grew up in El Salvador, and when she was 18 years old she moved to Queens, NY. She worked as a nail technician for about 2 years before moving to Houston to be closer to family. It was here that Lily met husband, Robin. Together they have a daughter Catherine. In her spare time Lily enjoys dancing Merengue and Cumbia with her hubby, and fishing and going to the movies with her daughter.

When asked what she likes best about The Buckingham she replied simply "the residents and how the small things count for them!"

May Birthdays

03 Reddie Carson
04 Ruth Melzer
04 Anne Twitchell
05 Mitti Meyers
09 Lucy Mawhinney
10 Bill Clark
13 Evelyn Wilkinson
14 Maria Haas
14 Robert Winter
15 Shirley George
15 Emma Lou Youngblood
17 Carter Robinson
19 Judy Hall
20 Fran Culwell
21 Maye Ingersoll
22 Wandell Card
23 Marshall Wilkes
23 Jim Zike
25 Eleanor Prillaman
26 Marilyn Blaker
28 William Hawkins
28 Nancy Robinson
29 Wilma Vickers
31 Bill Wisner



Birthday Celebration

Tuesday, May 13th
3:30 pm - Mezzanine

You are invited to celebrate another year well done as we toast May Birthdays with cake and champagne. Curtis will be at the piano playing some of your favorite tunes. The party starts with YOU!

REMEMBER TO WEAR YOUR PENDENT!

Plaza Tours

Be sure to call Gloria & sign up for a Plaza Tour with Senior Living Counselor Pam Rakestraw on Friday, May 21 at 10:00 a.m. and stay informed. Pam will meet you in the Buckingham Lobby.

Movies...Movies...Movies

Every Friday at 7:30pm , Saturday 2:00 & 7:30 p.m. - Stratford Theatre

Saturday, May 1 **To Catch a Thief**

Suspected in a new series of gem heists in the luxury hotels of the French Riviera, reformed jewel thief John Robie (Cary Grant) sets out to clear himself -- and catch the real thief -- with the help of pampered heiress Frances Stevens (Grace Kelly). Robie's plan backfires, but Frances, who believes him guilty, proves her love by helping him escape, and the real criminal is exposed in a spine-tingling climax. Alfred Hitchcock directs.

Friday, May 7 **Houseboat**

Talk about a movie that really floats! Sophia Loren and Cary Grant make a sizzling twosome. Grant is a widower who has three children and is now being pursued by his widow's sister. Loren is the daughter of a rich Italian conductor who's tired of life with her father, so she runs away and becomes Grant's nanny ... even though she can't cook or clean! The magnetic Loren and the charming Grant add up to a cheeky, urbane comedy.

Saturday, May 8 **An Affair To Remember**

Although each is already engaged to another, Nickie Ferrante (Cary Grant) and Terry McKay (Deborah Kerr) meet on an ocean liner and fall deeply in love. Tempting fate, they agree to meet at the Empire State Building in six months if they still feel the same way. But a tragic accident prevents their rendezvous, and the lovers' future takes an uncertain turn.

Friday, May 14 **The Blindside**

Oversized African American Michael Oher (Quinton Aaron), the teen from across the tracks and a broken home, has nowhere to sleep at age 16. Taken in by an affluent Memphis couple, Leigh Anne (Sandra Bullock) and Sean (Tim McGraw), Michael embarks on a remarkable rise to play for the NFL. Bullock's performance garnered a Best Actress Oscar nomination and Best Actress Golden Globe Award.

Saturday, May 15 **Bourne Identity**

Wounded to the brink of death and suffering from amnesia, Jason Bourne (Matt Damon) is rescued at sea by a fisherman. With nothing to go on but a Swiss bank account number, he starts to reconstruct his life, but finds that many people he encounters want him dead. Bourne realizes, though, that he has the combat and mental skills of a world-class spy, but who does he work for?

Friday, May 21 **Lion In Winter**

In winter of 1183, as King Henry II (Patrick Stewart) and his family prepare to celebrate Christmas, Henry also prepares to announce the succession of his throne to one of his three sons -- none of whom is exactly qualified for the job. Disagreements with his wife, Eleanor (Glenn Close), over the subject quickly escalate and throw the family into turmoil.

Saturday, May 22 **Mama Mia**

On the idyllic Greek isle of Kalokairi, single mom Donna Sheridan (Meryl Streep) goes into a tizzy when her bride-to-be daughter (Amanda Seyfried), in a bid to learn her father's identity, invites three of Donna's ex-lovers to the wedding. Buoyed by the tunes of ABBA, this effervescent yarn -- a Golden Globe nominee for Best Picture (Comedy or Musical) -- also stars Pierce Brosnan, Colin Firth and Stellan Skarsgård as the trio of potential dads.

Friday, May 28 **Duplicity**

Julia Roberts and Clive Owen co-star in this curveball-throwing thriller as a pair of romantically involved corporate operatives who are entangled in a bitter rivalry between two mammoth pharmaceutical companies. Paul Giamatti and Tom Wilkinson convincingly round out the heavyweight cast as warring big pharma CEOs in this intriguing espionage effort from writer-director Tony Gilroy (Michael Clayton).

Saturday, May 29 **Ten Commandments - 2 Part** 4:00 p.m. and 7:30 P.m.

Sunday Movies

Join us in the Theatre at 5 p.m.

The Quiet Man

5/2

John Wayne hangs up his spurs to star as a bachelor ex-boxer in this well-loved classic. Back in his native Ireland, the Duke's thoughts turn to domestic tranquility after courting Maureen O'Hara, but her brother (Victor McLaglen) may need to have some common sense knocked into him -- literally -- before the deal is done. The film won two Academy Awards, including Best Director (John Ford).

African Queen

5/9

Charlie Allnut (Humphrey Bogart), the booze-guzzling, rough-hewn captain of a broken-down East African riverboat, teams with a straitlaced, iron-willed missionary (Katharine Hepburn) to take on a menacing German gunboat during World War I. A classic study in star charisma and pitch-perfect casting, *The African Queen* was nominated for four Oscars (for actress, actor, director and original screenplay), with Bogart winning a Best Actor statuette.

Roberta

5/16

Parisian couturier and deposed Russian princess Stephanie (Irene Dunne) has her hands full when her partner dies, leaving half of their business to American football player John Kent (Randolph Scott). Kent knows nothing about fashion, but sparks fly as the two try to learn to run a company together. Fred Astaire and Ginger Rogers supply some fantastic dance numbers to standards including "Smoke Gets in Your Eyes" and "I'll Be Hard to Handle."

Pink Cadillac

5/23

Clint Eastwood and Bernadette Peters star in this charming film about a guy who makes a living hunting down people who've skipped bail. All is smooth sailing until he meets a woman who's just left her husband -- and has her baby and her husband's pink Cadillac in tow. Unbeknownst to both of them, there's a stash of cash in the vehicle, and soon, everyone is after them

Teacher's Pet

5/30

Hard-nosed newspaperman Jim Gannon (Clark Gable) pretends to be a night-school student to woo journalism teacher Erica Stone (Doris Day) in this romantic comedy. Forced by his editor to do a story on journalism courses, Gannon attends a lecture and is taken with the lovely Erica. He assumes a new name, enrolls in her class and tries to romance her.



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