

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2010 Nottingham



THE PLAZA
HEALTH SERVICES AT THE BUCKINGHAM
8550 Woodway
Houston, Texas 77063
713-979-3777
SQLC
Senior Quality Lifestyles Corporation

1 CANADA DAY

9:30 Exercise
10:30 Sun Catchers Art
11:30 Bubble Blowing
2:00 Hat Game
3:00 Painters Block
4:00 Summer Fun Jingo
6:30 Laundry Folding

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9:30 Exercise
10:30 Spring Jingo
11:00 Balloon Toss
2:00 Bible Readings
3:00 Indoor Bowling
4:00 Patriotic Songs
6:30 Golf Putting

3

9:30 Exercise
10:30 Summer Fun Jingo
11:00 Patriotic Trivia
2:00 Patriotic Movie
2:45 Popcorn Party
3:30 Bingo
6:30 Pencil Art

4 INDEPENDENCE DAY

9:30 Exercise
10:00 Patio Chats
11:00 Songs of Faith
2:00 Horse Shoes
3:00 Watermelon Treat
4:15 Card Games
6:30 Table Games



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9:30 Exercise
10:15 Current Events
10:45 Monday Manicures
1:30 Cookie Bake
2:30 Strike Out Game
3:00 Cookies & Milk
6:30 Card Games

6

9:30 Exercise
10:00 Town Tour
11:15 Tuesday Trivia
2:00 Chair Basketball
3:00 Show It Off
3:30 Mix & Match
6:30 Pencil Art

7

9:30 Exercise
10:30 Radio Days
11:00 Balloon Volleyball
1:30 Games
2:00 Bingo
3:30 Ring Toss
6:30 Balloon Battle

8

9:30 Exercise
10:30 Sing along Gang
11:00 Wooden Nickels
2:00 Games of 21
3:00 Ring Toss
4:00 Watercolors
6:30 Story Hour

9

9:30 Exercise
10:30 Bible Jingo
11:00 Pencil Art
2:00 Bible Readings
3:00 Horseshoe Swing
4:00 Paddle Game
6:30 Peg Games

10

9:30 Exercise
10:15 Old Tyme Cliché's
11:00 Memory Lane Songs
2:00 Faithful Paws Pet Visit
3:00 Games
4:00 Go Fish
6:30 Story Hour

11

9:30 Exercise
10:00 Patio Chats
11:00 Songs of Faith
2:00 Racket Game
3:00 Card Games
4:15 Sunday Service
6:30 Table Games

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9:30 Exercise
10:15 Current Events
10:45 Monday Manicures
1:30 Cookie Bake
2:00 Ring Toss
3:30 Numbers Cards
6:30 Bull's Eye

13

9:30 Exercise
10:00 Town Tour
11:00 Tuesday Trivia
2:00 Broomstick Sweep
3:00 Wheel of Fortune
4:00 Horseshoe Toss
6:30 Bull's Eye

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9:30 Exercise
10:30 Favorite Songs
11:15 Matching Game
1:30 Games
2:00 Bingo
3:30 Ball Toss
6:30 Ring Swing

15

9:30 Exercise
10:30 What's in the News
11:00 Sing along Gang
2:00 Chair Volleyball
3:00 Soda Floats
4:00 Hot Potato
6:30 Fun & Games

16

9:30 Exercise
10:30 Bible Study
11:30 Alphabet Game
2:00 Cookie Bake
3:00 Pastel Art
4:00 Guess Who
6:30 What's Wrong Cards

17

9:30 Exercise
10:30 Gloria's Guitar
11:30 Balloon Toss
2:00 Chair Basketball
3:30 Numbers Game
4:30 Trivia
6:30 Bean Bag Toss

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9:30 Exercise
10:00 Patio Chats
11:00 Songs of Faith
2:00 Numbers Game
3:00 Card Games
4:15 Sunday Service
6:30 Table Games

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9:30 Exercise
10:15 Current Events
10:45 Monday Manicures
1:30 Cookie Bake
2:30 Edible Art
3:30 Painters Block
6:30 Story Telling

20

9:30 Exercise
10:00 Town Tour
11:00 Tuesday Trivia
1:30 Bubble Blowers
2:30 Jingo Game
4:00 Tennis Toss
6:30 Story Telling

21

9:30 Exercise
10:30 Favorite Songs
11:15 Guess What
1:30 Hot Potato
2:30 Bingo
3:30 Ring Toss
6:30 Reminisce

22

9:30 Exercise
10:30 Penny Ante
11:00 Summer Fun Jingo
2:00 Bull's Eye
3:00 Tasty Treats
3:30 Bean Bag Toss
6:30 Pencil Art

23

9:30 Exercise
10:30 Bible Study
11:15 Parachute Game
1:30 Birthday Bash with Gail Best
3:00 Birthday Jingo
4:00 Balloon Games
6:30 Laundry Folding

24

9:30 Exercise
10:15 Iced Tea on the Patio
11:00 Show & Tell
2:00 Popcorn
3:00 Sweet Song Sing along
4:00 Elefun
6:30 Tic Tac Toe

25

9:30 Exercise
10:00 Patio Chats
11:00 Songs of Faith
2:00 Hat Game
3:00 Card Games
4:15 Sunday Service
6:30 Table Games

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9:30 Exercise
10:15 Current Events
10:45 Monday Manicures
1:30 Cookie Bake
2:00 Charlotte's Gospel
3:30 Bible JINGO
6:30 Ring Swing

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9:30 Exercise
10:00 Town Tour
11:00 Tuesday Trivia
1:30 Color Matching
2:30 Sweet Treats
3:30 Card Games
6:30 Evening Games

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9:30 Exercise
10:30 Rhythm Makers
11:15 Brain Teasers
1:30 Games
2:00 Bingo
3:30 Beach Ball Fun
6:30 Dots to Dots

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9:30 Exercise
10:30 Mind Joggers
11:00 Parachute Coloring
2:00 Penny Ante
3:00 Horse Race Game
3:30 Favorite Songs
6:30 Link the Links

30

9:30 Exercise
10:30 Bible Study
11:30 Broomstick Sweep
2:00 Balloon Battle
3:30 Wheel of Fortune
4:30 Bean Bag Fun
6:30 Puzzling Puzzles

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9:30 Exercise
10:30 Song Fest
11:15 Chair Games
1:30 Horse Race Game
2:00 Bingo
3:30 Racket Game
6:30 Parachute Fun