

## Message from the Administrator

Hello Residents and Families!

June is here, and it is already very hot! It is extremely important during the summer months to drink lots of fluids. If you are outside walking, or sitting on the patio, please remember to drink lots of water or juice. During the day, take time to drink something refreshing between meals and keep yourselves hydrated at all times!!

June 1<sup>st</sup> is the official start of Hurricane Season for the Gulf Coast. In the event of a hurricane which might effect the Houston area, please be assured you are in a safe environment. The Buckingham and The Plaza were built to sustain hurricane type weather and as a result, we would 'shelter in place'. We are always prepared for an emergency; food and emergency supplies are always on hand and our staff stands ready to assist you.

During the month of June, we will send out more detailed information regarding Hurricane Preparedness for your review and convenience.

Thank you to all of you who attended the Mother's Day Brunch in the Windsor dining room. Everyone reported they had a wonderful time, and we were very pleased to honor all of the Moms who are part of our community!!

Please check your Lifestyle Calendars for all the great events scheduled in June.

As always, my door is always open. Please let me know if I can assist you in any way.

Barbara L. Martin, Health Care Administrator  
Direct: 713-979-3780  
Home: 281-933-4443.....Cell: 713-854-9421



**IMAX at HMNS**  
**Friday, June 25**  
**12:50 departure**  
**Sign up at concierge desk**

Dive into a new immersive and highly emotional adventure with Jean-Michel Cousteau's DOLPHINS AND WHALES 3D. Narrated by Daryl Hannah, this awe-inspiring and entertaining film takes you from the dazzling coral reefs of the Bahamas to the warm depths of the waters of the exotic Kingdom of Tonga for a close encounter with the surviving tribes of the ocean.

### **Executive Director**

Julie Fenske 713.979.3838

### **Healthcare Administrator**

Barbara Martin 713.979.3780

### **Assisted Living Manager**

Liz George

### **Director of Nursing**

Suzanne Mitchell-McNeil

### **Lifestyles Coordinator**

Deborah Mahrt

### **Housekeeping Supervisor**

Kerry Quarles

### **Dining Services Director**

Tony Bejko

Ardis Vercher

### **Social Services**

Tammy Braun

### **Admissions**

Lily Mata

The Plaza 8550 Woodway, Houston, Texas 77063

Concierge: 713-979-3777

After Hours Security: 713-245-6349

## Memorial Day Service of Remembrance



Plaza residents gathered Monday morning to commemorate and remember the American war dead. Floyd Foster extended a warm greeting and a history of Memorial Day was presented by Ken Hammond. After the ceremonial wreath was placed by Tom Matthews former Chaplain Paul Mathre led the group in prayer. Bob Harris and Ed Sechrest had the honors of raising the flag. The sound of *Taps* filled the air as silence fell over the crowd. We shall always honor and remember our war dead.

### *June Birthdays*

Coma Richardson 13<sup>th</sup>  
 Mary Rowan 15<sup>th</sup>  
 Ruth Carroll 16<sup>th</sup>  
 Harold Hightower 18<sup>th</sup>  
 Leslie Bell 27<sup>th</sup>  
 Fredda Tabbert 27<sup>th</sup>  
 Delores Martin 29<sup>th</sup>



**Muscle Cars & Motorcycles**  
 John Thomas  
**Wednesday, June 2, 11 a.m.**  
**Front Parking Area**

Men and Ladies too, take a walk down memory lane when you check out these wheels.

**Happy Father's Day**

**How Art Made The World**  
**a 5 part series by BBC Video**  
**Wednesdays at 1:00 p.m. - 2TV**

Why does our world look like it does? That great modern mystery is spectacularly unraveled in this international landmark series, an epic quest across 5 continents and 100,000 years—via some of the greatest treasures of the ancient world - to the heart of human creativity. For anyone who has ever wondered about our place in the world.