

SUNDAY**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****SATURDAY****HAPPY BIRTHDAY**

William C 11/1
Betty S. 11/16

THE PLAZA
HEALTH SERVICES AT THE BUCKINGHAM

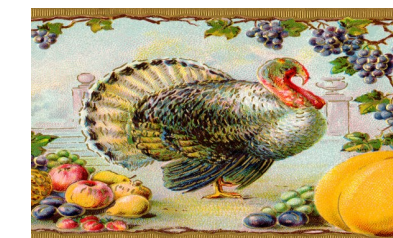
8550 Woodway
Houston, Texas 77063
 SQLC
Senior Quality Lifestyles Corporation

November 2011

Nottingham



Time Change
Sunday, October 6th
Set your clock back
1 hour.



1 National Author's Day
9:30 Sittercise & AM Care
10:00 Coffee & News
11:00 Chicken Soup Stories
1:30 **Houston Zoo**
2:00 Afternoon stretch
3:00 Wii Bowling Tourney
4:00 Jokes & Riddles
6:30 Table Games

2
9:30 Exercise & AM Care
10:15 Favorite Hymns
11:00 What's New?
1:30 Birthday Cards
2:00 Potting Plants
3:00 Casino
4:00 Parachute
6:30 Life Stories

3
9:30 Sittercise & AM Care
10:15 Coffee, News & Friends
11:00 What is missing
1:30 **Hot Chocolate Run**
2:00 Fill in the Blank
3:00 Joke Telling &
4:00 Volleyball
6:30 Laundry Folding

4
9:30 Exercise & AM Care
10:30 Current Events
11:00 Fall Walk
1:30 Bible Stories
2:00 Watering Flowers
3:00 Kids say Funny Things
4:00 Bingo
7:30 Movie Night

5
9:30 Exercise
10:15 Favorite songs
11:00 Relaxation Techniques
2:15 **Faithful Paws**
3:00 Movie & Popcorn
4:00 Horse Races
6:30 Story Hour

6
9:30 Exercise
10:15 Devotional Reading
11:00 Sunday Comics
2:00 Ball Toss
3:00 **Apple Cider Social**
4:15 Songs of Faith/Cindy
6:30 Table Games

7
9:30 Sittercise & AM Care
10:15 Current Events
10:45 Favorite Tunes
1:30 Making Bread
2:00 Fall Floral Arranging
3:00 Birthday Jingo
4:00 Native American History
6:30 Table Games

8 Election Day
9:30 Exercise & AM Care
10:00 **Town Tour**
11:00 Sing along
1:30 Tell a Joke
2:00 Favorite 50's Songs
3:00 Wii Bowling
4:00 Aroma Games
6:30 Election Update

9
9:30 Exercise & AM Care
10:15 Favorite Songs
11:00 What's New?
1:30 Arts & Crafts
2:00 Tap your dance
3:00 Bingo
4:00 Balloon Tennis
6:30 Photo Books

10
9:30 Sittercise & AM Care
10:15 Coffee & Donuts/News
11:00 Play Along
1:30 Soft Hands
2:30 Soft Hands
3:00 Short stories
4:00 Hot Potato
6:30 Laundry Folding

11 Veteran's Day
9:30 Exercise & Care
10:00 **Painting w/Tony**
11:00 **Veterans Lunch**
1:30 Bible Verses
2:00 **Birthday Bash/St.Cyr**
3:00 Laughter Time
4:00 Bingo
7:30 Movie Night

12
9:30 Exercise
10:30 **Gloria's Guitar**
2:15 Bingo
3:00 Movie and Popcorn
4:00 Rhythm Makers
6:30 Table Games

13
9:30 Exercise
10:15 Devotional Reading
11:00 Sunday Comics
2:00 Horse Shoes
3:00 **Apple Cider Social**
4:15 Songs of Faith / Cindy
6:30 Table Games

14
9:30 Exercise & Care
10:15 Current Events
10:45 Monday Manicures
1:30 PM Stretch
2:00 Fall Flower Fun
3:00 Jingo
4:00 Memory Lane
6:30 What's Missing

15
9:30 Exercise & Care
10:00 **Discovery Tour**
11:00 Fall Trivia
1:30 Bubble Blowers
2:00 Jigsaw Puzzles
3:00 Wii Tennis
4:00 Pencil Art
6:30 Card Games

16
9:30 Sittercise & Care
10:15 Favorite Songs
11:00 What's New?
1:30 **Craft w/ Julie**
2:30 Tap your Dance
3:00 Bingo
4:00 Balloon Volleyball
6:30 Life Stories

17
9:30 Exercise and Care
10:15 Coffee, News & Friends
11:00 Thanksgiving Decor
1:30 **Hot Chocolate Run**
2:00 Ring Toss
3:00 Jumbo Crossword
4:00 Line Dancing
6:30 Laundry Folding

18 Mickey Mouse's Birthday
9:30 Exercise & Care
10:15 Current Events
11:00 Target Practice
1:30 Bible Verses
2:00 Watering flowers
3:00 Mickey Mouse
4:00 Bingo
7:30 Movie Night

19
9:30 Exercise
10:15 Memory Lane Songs
11:00 Relaxation Techniques
2:15 Chair Basketball
3:00 Movie & Popcorn
4:00 20 Questions
6:30 Table Games

20
9:30 Exercise
10:30 Devotional Reading
11:00 Sunday Comics
2:00 Ball Toss
3:00 **Apple Cider Social**
4:15 Songs of Faith /Cindy
6:30 Table Games

21
9:30 Sittercise & AM Care
10:15 Current Events
10:45 Monday Manicures
1:30 Afternoon Stroll
2:00 In-door Pot Garden
3:00 Jingo
4:00 Group Journal/Thanksgiving
6:30 Puzzles

22
9:30 Exercise & AM Care
10:00 **Town Tour**
11:00 Tuesday Trivia
1:30 Putt Putt
2:00 Rhythm Makers
3:00 Wii Just Bowling
4:00 Pencil Art
6:30 Card Games

23
9:30 Exercise & AM Care
10:15 Favorite Songs
11:00 Remembering Aprons
1:30 Arts & Craft
2:00 Tap your Dance
3:00 Bingo
4:00 Balloon Volleyball
6:30 Puzzles

24 Thanksgiving Day
9:30 Sittercise & AM Care
10:15 Coffee & Turkey Trivia
11:00 Thanksgiving Memories
1:30 Favorite Tunes
2:00 Thanksgiving Art
3:00 Movie & Popcorn

25
9:30 Exercise & AM Care
10:15 Grooming Exercise
11:00 What's in the News?
1:30 Bible Stories
2:00 Watering Flowers
3:00 Bingo
4:00 Bowling for Dollars
7:30 Movie Night

26
9:30 Exercise
10:15 Memory Lane Songs
11:00 Relaxation Techniques
2:15 Chair Basketball
3:00 Movie & Popcorn
4:00 20 Questions
6:30 Sock Matching

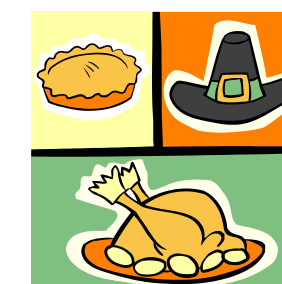
27
9:30 Exercise
10:30 Devotional Reading
11:00 Sunday Comics
2:00 Ball Toss
3:00 **Apple Cider Social**
4:15 Songs of Faith/Cindy
6:30 Table Games

28
9:30 Exercise & AM Care
10:15 Current Events
10:45 Monday Manicure
1:30 Garden Stroll
2:00 **Charlotte's Gospel**
3:00 Memory Lane
4:00 Pencil Art
6:30 What's Missing

29
9:30 Sittercise & AM Care
10:00 **Town Tour**
11:00 Tuesday Trivia
1:30 Photo Books
2:00 Good Neighbors
3:00 Wii Bowling Tourney
4:00 Laughter is Medicine
6:30 Table Games

30
9:30 Exercise & AM Care
10:15 Favorite Songs
11:00 What's in the News?
1:30 Birthday Cards
2:00 Tap your Dance
3:00 Casino
4:00 Parachute
6:30 Hangman

*Activities may be changed to
meet the needs of residents*



Election Day
Tuesday
October 8, 2011





Sunday Worship

11:10 am Chapelwood
United Methodist Church
Stratford Theater

3:15 p.m.
Cindy & David Sproul
Assisted Living
Dining Room

Enjoy Fellowship with
Friends
sing praise and
fellowship.

November Musical Entertainment

- **Cindy St. Cyr's** lively music sets the party tone.
Join us as we celebrate **November Birthdays**
Thursday, November 11, 3:30 p.m., LR.
- **Gloria's Guitar**, a musical one woman show,
Saturday, November 19, 10:30 a.m.
- **Charlotte's Gospel**, well-loved hymns offers joy.
Monday, November 28, 2:00 p.m.

Thanksgiving Family Dinner
Thursday, November 24, 11:00 a.m.
For details and reservations,
please contact the Concierge at (713) 979-3777.

Thanksgiving

For each new morning with its light,
For rest and shelter of the night,
For health and food, for love and friends,
For everything Thy goodness sends.

Ralph Waldo Emerson

Save the Date:
Holiday Dinner
11:30 – 1:00 p.m.
Singer Johnnie
Hammond

The Plaza at The Buckingham
8550 Woodway
Houston, TX 77063



Plaza Gazette Nottingham November 2011

From the desk of Philip Jacob, Healthcare Administrator,
Well the weather certainly is cooling down as we move well into the fall season. I wanted to thank all the residents of the Plaza for the warmest welcomes they have extended to me since I have joined the healthcare team. It certainly has been a pleasure getting to know everyone and becoming acclimated to my new home and I have enjoyed every moment of it.

I would like to let the residents know that we did complete our healthcare survey inspection that was conducted by the state and we were very successful! The entire team has pulled together to ensure the highest quality possible here at the Plaza and the results of the survey emphasize it. The actual details of the survey will come at a later time, but the overall impression from the state was very positive. I am thankful for all the hard work the staff put forth to accomplish this.

I look forward to the holiday season as November comes just around the corner and celebrating with all the staff and residents at the Plaza. We will honor our veteran's with a luncheon on Friday, November 11th. It is my hope that you will be able to attend this event as well as our Thanksgiving and then, Holiday Dinner in December. Remember to vote on November 8th. Voting information is available at the concierge's desk.

Along with Kay Mitchum, our new Director of Nursing, I am pleased to have Todd Werthman, our new Associate Executive Director join our team. His experience is a truly an asset for all of us at the Plaza. Our team continues to build and grow as we strive to bring the very best in care within the greatest community in Houston!

- Healthcare Administrator**
Philip Jacob
- Assisted Living Manager**
Liz George RN
- Acting Director of Nursing**
Irene Ausby RN
- Director of Nursing**
Kay Mitchum, RN BSN
- Lifestyles Coordinator**
Faith Brock LCSW ACC
- Housekeeping Supervisor**
Kerry Quarles
- Dining Services Director**
Tony Bejko
Julie Garza
- Social Services**
La Vera Davis LBSW
- Admissions**
Lily Mata
- Executive Director**
Julie Fenske 713.979.3838
- Associate Executive Director**
Todd Werthman
Security - 713-245-6349

*Honoring our Veterans
Veteran's Day Luncheon
Friday, November 11th—11:00 a.m.*



For reservations,
please
contact the
Concierge at

Faithful Paws
Our friends from
Faithful Paws visit
with their pets on
Saturday,
September 10th

