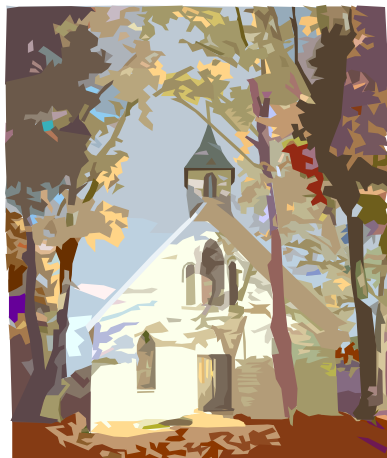


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>September 2010</h1> <h2>Healthcare</h2>			1 9:30 Sittercise 3 10:30 Bible Devotional 2 AL TV 11:00 Food & Beverage Mtg- 3 1:30 Hospitality Visits 2 & 3 3:00 Make A Treat 2 4:00 Sing & Swing 2LR 6:30 Wheel of Fortune 2&3TV	2 9:30 Sittercise 3 10:15 News & Views 2 11:00 Crossword 3 2:00 Bingo 2 3:00 Fresh Baked Cookies 2 4:00 Table Games 2 & 3 6:30 Art & Crafts-Laura 2	3 9:30 Sittercise 3 10:15 Trivia 2TV 11:00 Checkers 3 2:00 Dominoes 2 3:00 Lyrics Sing 3 4:00 Wii Sports 3 6:30 Wheel of Fortune 2&3	4 9:30 Sittercise 3 10:30 Book Club-Susie 3TV 2:00 Popcorn & Movie 2 & 3 3:30 Pokeno 2 4:00 Table Games 3
5 9:30 Sittercise 3 11:00 News & Views 2 2:00 Bingo 3 3:15 Worship 1 AL DR 4:00 Hospitality Visits 2 6:00 Sixty Minutes 2&3TV	6 9:30 Sittercise 3 10:15 Bread Baking 2 11:00 Humor Best Medicine 3 1:30 Nail Painting 2 2:30 Skip - Bo - Luverne 3 3:00 Lemonade Social 2 4:00 Poker 3AR 6:30 Wheel of Fortune 2&3 TV	7 9:30 Sittercise 3 10:15 News & Views 2 11:00 Green Thumbs 3 2:00 Bridge 3TV AL 2:00 Bingo 2 3:30 Catholic Communion 2TV AL 4:00 Dominoes 3 6:30 Games w/ Laura 2	8 9:30 Sittercise 3 10:30 Bible Devotional 2 AL TV 11:00 Two Cent Trivia 3 1:30 Hospitality Visits 2 & 3 3:00 Make A Treat 3 4:00 Sing & Swing 3LR 6:30 Wheel of Fortune 2&3TV	9 9:30 Sittercise 3 10:15 News & Views 2 11:00 Crossword 3 2:00 Bingo 2 3:00 Fresh Baked Cookies 2 4:00 Table Games 2 & 3 6:30 Art & Crafts-Laura 2	10 9:30 Sittercise 3 10:15 Trivia 3TV 11:00 Checkers 3 2:00 Dominoes 2 2:00 Birthday Bash 3 Cindy St Cyr Sings 4:00 Wii Sports 3 6:30 Wheel of Fortune 2&3	
12 Grandparent's Day 9:30 Sittercise 3 11:00 News & Views 2 2:00 Bingo 3 3:15 Worship 1 AL DR 4:00 Hospitality Visits 2 6:00 Sixty Minutes 2& 3TV	13 9:30 Sittercise 3 10:15 Bread Baking 2 11:00 Resident Council 3 1:30 Nail Painting 3 3:00 Lemonade Social 2 4:00 Crossword 3 6:30 Wheel of Fortune 2 &3TV	14 9:30 Sittercise 3 10:15 News & Views 2 11:00 Green Thumbs 3 2:00 Bridge 3TV AL 2:00 Bingo 2 3:30 Catholic Communion 2TV AL 4:00 Dominoes 3 6:30 Games w/ Laura 2	15 9:30 Sittercise 3 10:30 Bible Devotional 2 AL TV 11:15 Lunch Bunch Out 1:30 Hospitality Visits 2 & 3 2:30 Buckie's Store 3AR 3:00 Make A Treat 2 4:00 Sing & Swing 2LR 6:30 Wheel of Fortune 2&3TV	16 9:30 Sittercise 3 10:15 News & Views 2 11:00 Crossword 3 2:00 Bingo 2 3:00 Fresh Baked Cookies 2 4:00 Table Games 2 & 3 6:30 Art & Crafts-Laura 2	17 9:30 Sittercise 3 10:15 Trivia 3TV 11:00 Checkers 3 2:00 Dominoes 2 2:00 Bridge 3TV-AL 4:00 Wii Sports 3 6:30 Wheel of Fortune 2&3	
19 9:30 Sittercise 3 11:00 News & Views 2 2:00 Bingo 3 3:15 Worship 1 AL DR 4:00 Hospitality Visits 2 6:00 Sixty Minutes 2& 3TV	20 9:30 Sittercise 3 10:15 Bread Baking 2 11:00 Trivia 3 1:30 Nail Painting 3 2:30 Skip - Bo - Luverne 3 3:00 Lemonade Social 2 4:00 Table Games 3 6:30 Wheel of Fortune 2&3TV	21 9:30 Sittercise 3 10:15 News & Views 2 11:00 Green Thumbs 3 2:00 Bridge 3TV AL 2:00 Bingo 2 3:30 Catholic Communion 2TV AL 4:00 Dominoes 3 6:30 Games w/ Laura 2	22 9:30 Sittercise 3 10:30 Bible Devotional 2 AL TV 11:00 Two Cent Trivia 3 1:30 Hospitality Visits 2 & 3 3:00 Make A Treat 3 4:00 Sing & Swing 3LR 6:30 Wheel of Fortune 2&3TV	23 Fall Begins 9:30 Sittercise 3 10:15 News & Views 2 11:00 Crossword 3 2:00 Bingo 2 3:00 Fresh Baked Cookies 2 4:00 Table Games 2 & 3 6:30 Art & Crafts-Laura 2	24 9:30 Sittercise 3 10:15 Trivia 3TV 11:00 Checkers 3 2:00 Dominoes 2 2:00 Rodney Happy Hour 3 2:00 Bridge 3TV-AL 4:00 Wii Sport Game 2 6:30 Wheel of Fortune 2&3	
26 9:30 Sittercise 3 11:00 News & Views 2 2:00 Bingo 3 3:15 Worship 1 AL DR 4:00 Hospitality Visits 2 6:00 Sixty Minutes TV2&3	27 9:30 Sittercise 3 10:15 Bread Baking 2 11:00 Poets Corner 3TV 1:30 Nail Painting 3 3:00 Lemonade Social 2 4:00 Players Choice 3 6:30 Wheel of Fortune 2 &3TV	28 9:30 Sittercise 3 10:15 News & Views 2 11:00 Green Thumbs 3 2:00 Bridge 3TV AL 2:00 Bingo 2 3:30 Catholic Communion 2TV AL 4:00 Dominoes 3 6:30 Games w/ Laura 2	29 9:30 Sittercise 3 10:30 Bible Devotional 2 AL TV 11:00 Two Cent Trivia 3 1:30 Hospitality Visits 2 & 3 3:00 Make A Treat 2 4:00 Sing & Swing 2LR 6:30 Wheel of Fortune 2&3TV	30 9:30 Sittercise 3 10:15 News & Views 2 11:00 Crossword 3 2:00 Bingo 2 3:00 Fresh Baked Cookies 2 4:00 Table Games 2 & 3 6:30 Art & Crafts-Laura 2	<p style="text-align: center;">Bridge Tuesday & Friday 2:00 p.m. 3 TV AL</p>	
						<p style="text-align: center;"> THE PLAZA <small>HEALTH SERVICES AT THE BUCKINGHAM</small> 8550 Woodway Houston, Texas 77063 713- 979-3777  <small>Senior Quality Lifestyles Corporation</small> </p>



Sunday Worship
3:15 p.m.
1st Floor
Dining Room

Gather with friends to sing
 praise and fellowship.
 See you there.

♪ **September Entertainment!** ♪

The Houston Lyrics Women's Choir performs
 On Friday, September 3rd
 2:00 p.m.- 2nd Floor
 2:45 p.m.- 3rd Floor



One of your favorites, Cindy St. Cyr joins us on
 Friday, September 10 at 2:00 p.m.
 Singing songs of the 40's
 Cindy will help us celebrate September birthdays



A One Woman show is Gloria's Guitar
 Saturday, September 18 at 1:30 p.m.



Back by popular demand is Rodney Rasberry on keyboard
 Join us for Happy Hour and a toe tapping good time
 Friday, September 24 at 2:00 p.m. on 3rd Floor

The Plaza at The Buckingham
8550 Woodway
Houston, TX 77063

THE PLAZA

HEALTH SERVICES AT THE BUCKINGHAM

Plaza Gazette Health Care September 2010

Dear Residents and Families,

Fall is just around the corner and I know I am looking forward to the cooler weather! I hope everyone has had a nice summer in spite of the heat we have endured this year.



During the month of September we will begin administering flu vaccines. We have ordered, and are waiting for the arrival of vaccinations for the entire Plaza community. We highly recommend you be vaccinated against the flu. We also encourage all of our staff to be vaccinated as well. Please see Liz George, LVN, Assisted Living Manager for more details regarding your flu vaccinations.

On another health-related note: If you feel you need emergency assistance, please use your pendant to call for the staff. If an ambulance needs to be called to assist you, the staff will initiate the call for you, which enables us to notify 911 services of the proper address and apartment number. If you place a call to 911 and do not notify the staff, we are unable to direct the emergency personnel to your apartment in an expedient and efficient manner.

Please check your Lifestyles calendars for all the great events planned for the month of September.

As always, my door is always open and I am available to you at all times. Please let me know if I can assist you in any way!!

Barbara L. Martin, LNFA
 Health Care Administrator
 Direct: 713-979-3780
 Cell: 713-854-9421
 Home: 281-933-4443

- Executive Director**
Julie Fenske 713.979.3838
- Healthcare Administrator**
Barbara Martin 713.979.3780
- Assisted Living Manager**
Liz George
- Director of Nursing**
Suzanne Mitchell-McNeil
- Lifestyles Coordinator**
Deborah Mahrt
- Housekeeping Supervisor**
Kerry Quarles
- Dining Services Director**
Tony Bejko
Julie Garza
- Social Services**
La Vera Davis - Interim
- Admissions**
Lily Mata



Faithful Paws
Our good friends from Faithful Paws visits with their pets on Saturday, September 11.

We Celebrate September Birthdays!



- | | |
|----------------|----|
| RUTH ARRINGTON | 05 |
| GILBERT DAVIS | 07 |
| HELEN MARTIN | 25 |
| PATSY PENCE | 22 |
| DOROTHY PORTER | 25 |
| WESLEY ZEPLIN | 22 |

